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OFFICIAL PREPARATION GUIDE

FOR THE

ART THERAPY CREDENTIALS BOARD EXAMINATION
(ATCBE)

Revised January 2026

This preparation guide was developed by the Art Therapy Credentials Board, Inc. (ATCB) to provide information to art therapists who plan to take the ATCBE. Its purpose is to assist art therapists in developing a personal approach to preparing to take the ATCBE.**Use of this guide or any other examination-preparation resource is optional and is not required for eligibility, authorization to test, certification, or successful performance on the ATCBE®.** The ATCB does not endorse or recommend any study guide available through other organizations, groups, or individuals.

ATCBE At-a-Glance

- Who should take the ATCBE: Applicants seeking Board Certification (ATR-BC) or meeting a state licensure requirement.
- Fees: The ATCBE for board certification is $275. The ATCBE for state license is $325
- Testing options: Prometric test centers or remote proctoring (ProProctor).
- Retakes: Up to 3 attempts per calendar year, with a 90-day wait between attempts.
- Scheduling window: See current testing windows in MyATCB; cancellations/no-shows follow Prometric policy.
- Scores: Candidates receive an official score report from Prometric following completion of the examination. results post to MyATCB typically within ~12 business days.
- Accommodations: Request and obtain approval before scheduling; submit documentation early. State License exams require approval from the state.
- ESL dictionary option: Pre-approved paper dictionary only; fee non-refundable.
- Apply & schedule: Start in MyATCB; you'll be directed to Prometric for scheduling.

Retake & Timeline

- The 90-day wait starts from the date of your most recent attempt.
- Cancellations and no-shows follow Prometric policy and may not reset your eligibility window.
- Keep track of remaining attempts in the calendar year inside MyATCB.

Dear ATCBE Candidate,

Thank you for your interest in taking the Art Therapy Credential Board Examination (ATCBE). The ATCBE is used to obtain board certification distinction carried on the registered art therapist credential (ATR-BC). The ATR-BC distinguishes those who have met and continue to satisfy professional standards. Possessing this certification demonstrates your commitment to providing quality services to your clients and indicates a commitment to the art therapy profession.

The ATCBE is also used by the states of Kentucky, Maryland, New Jersey, New Mexico, New York and Washington DC to obtain state licenses in art or creative arts therapy. **Please work directly with these state licensure boards to obtain approval to take the exam.**

We hope that the following information will guide you through the exam process, from completing the application to becoming board-certified to maintaining your credentials and certification. In this guide, you will find information about:

- the ATCB
- board certification
- the application process
- special test arrangements
- examination scores
- maintenance of credentials and certification
- the examination.

The Art Therapy Credentials Board Examination (ATCBE) is administered via computer-based testing and remote proctoring in collaboration with our testing administrator, Prometric. Please visit the ATCB website for information on board certification

Candidates seeking to take the ATCBE® for state licensure should work directly with the applicable state licensing board to determine that jurisdiction's requirements and obtain any required authorization to test.

Candidates who pass the ATCBE® for state licensure and meet ATCB requirements for the Registered Art Therapist (ATR) credential will be granted ATR-BC® board certification. Candidates who do not yet hold the ATR must first satisfy the applicable ATR requirements before the ATR-BC® can be awarded.

Current information regarding state licensure pathways and ATCB credential requirements is available on the ATCB website.

Sincerely,

The ATCB Board of Directors

Founded in 1993, the Art Therapy Credentials Board (ATCB) is the independent credentialing body for the art therapy profession. We establish and maintain standards for earning and renewing art therapy credentials and board certification. Our mission is to protect the public by upholding the highest standards for competent, ethical art therapy practice.

ATCB credentials and certification

- **Provisionally Registered Art Therapist (ATR-P)**
- **Registered Art Therapist (ATR)**
- **Board Certified Art Therapist (ATR-BC)**
- **Art Therapy Credentialed Supervisor (ATCS)**

ATCB credentials and certification are solely owned and granted by the ATCB. All credential holders must follow the **Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures** ("the Code"). In service of public protection, the ATCB reviews and adjudicates complaints against credential holders as outlined in the Code.

THE PURPOSE OF BOARD CERTIFICATION IN ART THERAPY

Board certification in art therapy (ATR-BC) serves to:

- **Signal the highest professional distinction** in art therapy, recognized internationally.
- **Assure employers, clients, and the public** that the certificant has met rigorous, independent standards.
- **Provide a portable, nationally recognized credential,** accredited by the National Commission for Certifying Agencies (NCCA) and referenced by multiple state licensing boards.
- **Promote ongoing professional development,** helping certificants stay current with scientific evidence, legal/ethical requirements, and clinical best practices.

APPLICATION PROCESS

AVAILABILITY and FEE

The application fee for the ATCBE for board certification is $275. The application fee for the ATCBE for state licensure is $350.00. The exam is offered via computer-based testing (CBT) at Prometric testing centers worldwide or via home- based proctoring. Applications are non-refundable and non-transferable. Please ensure the correct application is completed.

ATCB Examination Administration policy allows testing candidates:

- A twelve-month testing window in which to schedule the exam.
- Testing at an approved center or via remote proctoring
- Up to three testing opportunities per calendar year. *

*A 90-day waiting period between exam administrations is required to maintain best practices in exam rigor and integrity.

APPLYING TO TAKE THE ATCBE FOR BOARD CERTIFICATION

To apply for board certification (BC), candidates must be current ATRs and complete the online application via MyATCB. In addition, candidates must read all information on the board certification webpage and follow all instructions carefully.

APPLYING TO TAKE THE ATCBE FOR STATE LICENSURE

Several states use the ATCBE as a condition for licensure. **Candidates interested in taking the ATCBE for state licensure must comply with the state's licensure process**. Please refer to the state licensure provided on the ATCB website and contact the state licensure board for specific requirements.

State approval is required to take the ATCBE for state licensure. To apply for the exam, candidates must complete the application online via MyATCB. Candidates must review all information included in the application and follow all instructions carefully. In addition, candidates must submit a copy of their approval letter from the state board to be approved to sit for the exam.

Candidates seeking to take the ATCBE® for state licensure should work directly with the applicable state licensing board to determine that jurisdiction's requirements and obtain any required authorization to test.

Candidates who pass the ATCBE® for state licensure and meet ATCB requirements for the Registered Art Therapist (ATR) credential will be granted ATR-BC® board certification. Current information regarding state licensure pathways and ATCB credential requirements is available on the ATCB website.

NONDISCRIMINATION POLICY

The ATCB is committed to operating its programs in a nondiscriminatory manner and affirms that it shall not discriminate based on race, color, religion, marital status, national origin, ancestry, sex, sexual orientation, gender identity, physical or mental disability, medical condition(including but not limited to cancer-related or genetic characteristics), pregnancy, age, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994).

COMPLETING THE APPLICATION

ATCBE applications must be completed carefully and accurately. ATCB will use the information provided in the application to determine candidates' eligibility to sit for the examination.

Candidates need to ensure their email address is accurate in their MyATCB, as the ATCB will send essential exam- related information via email.

Once an application is processed and the candidate is approved to sit for the ATCBE, a confirmation email from the ATCB is sent. It will contain important information related to scheduling exam with the testing provider, Prometric.

ADA ACCOMMODATIONS

In compliance with the Americans with Disabilities Act (ADA), the ATCB makes reasonable special testing arrangements for candidates with disabilities. Under the ADA, a disability is defined as "a physical or mental impairment that substantially limits one or more major life activities" (e.g., caring for oneself, performing manual tasks, walking, seeing, breathing, learning, and working). Therefore, a candidate must have a documented disability as defined by the ADA to request special testing accommodations.

Candidates with "transitory" or "temporary" conditions (e.g., sprains, fractures, and medical emergencies) who desire accommodations should contact the ATCB as soon as possible. While the ADA does not require the ATCB to accommodate "transitory" or "temporary" conditions, accommodation for candidates with such conditions will be considered on an individual basis.

A candidate requesting accommodation(s) must make this request in the ATCBE application. The request must include a letter from the candidate's healthcare provider documenting the disability and the requested testing accommodations.

Such documentation must be professionally prepared and appear on the professional's stationery or official letterhead. In addition, the healthcare professional must be a licensed or otherwise qualified professional whose credentials are appropriate to diagnose and evaluate the applicant's disability.

Regardless of when the original diagnosis of a disability was made, the healthcare professional must have known about the candidate's disability within the last three (3) years and must have diagnosed, evaluated, treated, or consulted with the candidate within the previous three (3) years.

For a learning disability or mental disorder, the professional's report must include the candidate's current Diagnostic and Statistical Manual of Mental Disorders (DSM) classification. However, the diagnosis of a disorder with a DSM classification does not necessarily mean that the applicant has a disability defined in the ADA that the ATCB must accommodate.

For candidates with physical or health-related disabilities (e.g., blindness, deafness, diabetes), copies of medical records are not necessary; however, the candidate must provide sufficient documentation from a physician that confirms the diagnosis of a physical or health-related disability "that substantially limits a major life activity." To demonstrate this, the candidate must show that they experience substantial impairment in such activities as caring for themselves, hearing, seeing, seeing, learning, or walking, in more than one setting (e.g., work, school, socially). Pregnancy is not a disability; however, if a candidate is pregnant and has a resulting medical complication resulting in a disability, special testing accommodations will be considered on a case-by-case basis.

Testing accommodation recommendations should be reasonable and appropriate for the candidate's documented disability and cannot fundamentally alter the measurement of the knowledge and skills that the examination is intended to assess. Therefore, prior testing recommendations and any history of accommodations will be considered but do not guarantee accommodations on the ATCBE.

Once an accommodation request has been received, the National Office will review it in consultation with the Board of Directors and/or legal counsel, as appropriate. If additional information is required to consider a special accommodation request, the candidate will be notified. All requests are reviewed individually and are subject to ATCB approval. If the candidate's accommodation request is approved, the candidate and the testing center will be notified of the special accommodation.

If a candidate is testing for state licensure and needs testing accommodations, **they must contact their state licensure board for information and approval.** The ATCB cannot provide accommodation without approval from your state licensure board. This includes English as a second language accommodation requests.

ACCOMMODATION DENIALS

Any candidate whose request for Special Test Arrangements (ADA or ESL) is denied may submit an appeal to the board of appeals. For the appeals policy, please visit the ATCB website.

ENGLISH AS A SECOND LANGUAGE

For board certification candidates, if English is not their native language, the candidate may request additional testing time and the use of a word-to-word translation dictionary. The dictionary must be non-electronic, must not define terms, and must be supplied by the examinee. The exam administrator will examine the dictionary before use.) There is a $60 fee for this accommodation in addition to the standard application fee, which must be paid at the time of application. This fee is non-refundable.

EXAM SECURITY

The ATCBE and all items on the examination are the exclusive property of the Art Therapy Credentials Board, Inc. Candidates who apply for the certification examination acknowledge that they understand and agree to the following prior to taking the examination:

- Retention, possession, copying, distribution, disclosure, discussion, or receipt of any ATCBE examination question, in whole or in part, by written, electronic, oral, or other form of communication, including but not limited to emailing, copying, or printing of electronic files, and reconstruction through memorization and/or dictation, before, during or after the certification examination is strictly prohibited.
- Disclosure, discussion, or receipt of any ATCBE examination questions and/or the examination, in whole or in part, on social media networking, in study groups, or by other methods is strictly prohibited.
- Theft or attempted theft of examination content is punishable by law.
- Candidate participation in any irregularity occurring during or after the examination, such as giving or obtaining unauthorized information or aid, as evidenced by observation or subsequent statistical analysis, may be sufficient cause to terminate participation, invalidate the examination results, or necessitate other appropriate action per the Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures (ATCB, 2025), Conduct, and Disciplinary Procedures. Incidents regarding examination administration security will be reported to the ATCB. Grounds for sanction may be warranted.

Strict security measures are maintained throughout all phases of the ATCB Examination development and administration process.

Trained proctors will supervise the administration of the examination and maintain strict security throughout the testing period. Irregularities observed during the testing period, such as creating a disturbance, giving or receiving unauthorized information or aid, or attempting to bring in or remove test materials or notes from the testing room, will be sufficient cause to terminate candidate participation.

Computer-based administration in a test center requires the following:

- At the test center, all candidates must present two signed forms of identification, one of which must be a government-issued photo ID (driver's license, passport, military ID, etc.) to take the examination. If you do not have a government-issued photo ID, please contact the ATCB to receive additional instructions. There are NO exceptions to these requirements.
- Candidates must arrive at the test center 30 minutes before the scheduled testing time unless otherwise noted by the testing center. Late arrivals cannot be admitted to the test center.
- Devices with memory capabilities, books, papers, and notes, and large personal possessions such as briefcases or backpacks will not be permitted in the examination area. Instead, they must be left with testing center personnel.
- Cellular phones, calculators, and other electronic devices are NOT allowed in the testing room.
- Food and beverages are not allowed in the testing room.

Remote proctor administration requires the following:

Online, remote exams are offered using Prometric's ProProctor™ application. C**andidates must first confirm their computer's compatibility to allow remote proctoring first.**

* IMPORTANT: **Candidates must utilize a personal computer to take their exam remotely. Company or employer- owned computers may have restrictions and may not allow installation of Prometric's ProProctor™ application. The candidate is responsible for ensuring that their computer meets Prometric's ProProctor™ requirements for remote testing. ***

For a remotely proctored exam, candidates must supply a computer, which must have a camera, microphone, and an internet connection, and be able to install a lightweight app before the test event. Candidates can take the exam online while a Prometric proctor oversees the examination process remotely. To first ensure your computer meets the technical specifications, please do so by performing a system check.

ProProctor™ System Requirements:

Candidates testing remotely are responsible for confirming that their computer, operating system, internet connection, and testing environment meet Prometric's current ProProctor™ requirements. Candidates should complete Prometric's system-readiness check using the same device and network they intend to use on examination day.

All background applications must be closed before starting the ProProctor™ application. If your computer is connected to a VPN or running in a virtual machine, ProProctor will close and your test will end, the ProProctor™ will close, and the test will end.

EXAMINATION INFORMATION

Job Analysis (Practice Analysis).
ATCB periodically conducts a national job analysis to define the role of the art therapist and identify the responsibilities, tasks, knowledge, and skills essential to competent practice.

- **Survey development by Subject Matter Experts (SMEs):** practicing ATR-BCs and other qualified art therapists draft a comprehensive list of tasks and knowledge areas.
- **National survey distribution:** sent to professional art therapists across settings (e.g., hospitals, schools, community agencies, private practice) and career stages to ensure broad representation.
- **Statistical analysis:** responses are analyzed to determine which tasks/knowledge are **critical** and **performed frequently**; these results set the **content weights** (domains and percentages) for the examination.
- **Fairness & bias review:** all statements and domains are checked for clarity, cultural/linguistic sensitivity, and relevance to safe, ethical practice.

How results shape the exam.
Findings from the job analysis directly inform:

- the **content outline** (domains and their weightings),
- the **test specifications** (how many items per domain and cognitive level),
- and ongoing **item development** (writing, reviewing, and updating questions to reflect current practice).

About the Certification Examination

Format and length.
The certification examination includes **175 multiple-choice questions**. Of these, **150 questions are scored**. The remaining **25 are unscored pretest (pilot) questions** placed throughout the exam to collect performance data for future use. Candidates are **not told which items are pretest**. The total testing time is **3.5 hours**.

Scoring and fairness.

- The passing standard is set using a recognized psychometric method (e.g., **Modified Angoff**) with panels of SMEs who judge the performance expected of a minimally competent art therapist.
- When multiple exam forms are used, **equating** procedures adjust for any small differences in difficulty so that a passing score represents the **same standard** across forms and test dates.
- Items undergo statistical review (e.g., difficulty and discrimination) and **content/technical review** after each administration; items that do not perform as intended are revised or removed.

Why pretest items?
Pretest (unscored) questions allow ATCB to evaluate new items for clarity, fairness, and appropriate difficulty **before** they can count toward a score. Only items that meet psychometric and content standards move into the scored pool on future forms.

KNOWLEDGE AREAS

Candidates should be able to apply the knowledge included in each content area to the various practice dimensions. The knowledge covered by the certification examination will be tested at three cognitive levels:

- basic understanding (recall of knowledge)
- application (applying knowledge to a particular example)
- mastery (analysis, synthesis, and evaluation).

The following section includes an outline of the major content areas of the examination. The results of the ATCB's National Art Therapy Job Analysis Survey determined the major content areas. The following content areas are covered in the exam:

I. Theoretical Approaches
II. Facilitate Treatment
III. Administer and Evaluate Art Therapy and Art-Based Assessments
IV. Professional Practice and Ethical Responsibilities
V. Professional Development and Research
VI. Administrative Functions and Program Management

The following listing presents the knowledge, skills, and tasks under each domain of the Content Outline.

1. Theoretical Approaches (10%)

- Attachment Theory
- Cognitive Behavioral Therapy (CBT) and other behavioral approaches (Acceptance and Commitment Therapy (ACT), Behavioral Therapy, Dialectical Behavior Therapy (DBT))
- Developmental Approaches
- Environmental/Ecotherapy Approaches
- Expressive Therapies Continuum
- Family Systems Theory
- Feminist Theory/Social Justice Approaches/Socially-engaged Practice
- Humanistic Approaches (Adlerian, Existential, Gestalt, Spiritual/Transpersonal)
- Motivational Interviewing (MI)/Transtheoretical Model (TTM)/Stages of Change (SOC)
- Psychodynamic Approaches (Psychoanalytic, Jungian, Internal Family Systems (IFS))
- Positive Psychology
- Solution-focused Therapy
- Somatic Approaches
- Systems Theory
- Trauma-Informed Therapy

2. Facilitate Treatment (30%)

- Adapt interventions to address clients' communication/developmental level/learning styles and evolving treatment needs (maintain a physically safe environment regarding art materials – e.g., monitor sharps, select non-toxic materials)
- Apply general interviewing skills (e.g., reflective statements, summarizing, session closure)
- Collaborate with the client in formulating and modifying the treatment plan and goals
- Conduct comprehensive intake and ongoing evaluations (conduct biopsychosocial evaluation, obtain demographic information and relevant history, assess the reason for referral/presenting problems, determine the current level of functioning and mental status)
- Demonstrate empathy and validation
- Document communications with clients and treatment team members
- Establish a therapeutic relationship
- Facilitate the creative process (knowledge of media and material use, select appropriate and safe media and material, utilize concepts of fine arts and art history, introduce the art therapy process, maintain an appropriate pace for art therapy, facilitate conclusion of the art therapy process within the session)
- Manage group dynamics
- Observe and process the art production and use of material (e.g., color, line, shading, perspective, symbols, material selection and use, metaphors, and respond appropriately to images that suggest violence or other risk factors)
- Observe and respond to dynamics of the session (e.g., affect, behavior, verbal and nonverbal communication, and/or interpersonal interactions)
- Promote client understanding of the art process and attainment of treatment goals
- Provide crisis intervention
- Refer to other treatment providers as needed
- Routinely evaluate clients' progress and the efficacy of the art therapy process
- Understand current Diagnostic and Statistical Manual diagnoses
- Use art therapy skills to facilitate expression and exploration of feelings, thoughts, and behaviors (e.g., witnessing, intention setting, art directives, encouraging reflection and connection of symbols to personal, cultural, and historic contexts)

3. Administer and Evaluate Art Therapy and Art-Based Assessments (15%)

- Determine the need for, select, and administer the appropriate art therapy and art-based assessment (linked to client goals)
- Write and evaluate art therapy and art-based assessment reports
- Understand and administer art therapy and art-based assessments
- Belief Art Therapy Assessment (BATA)
- Bird's Nest Drawing (BND)
- Bridge Drawing
- Cognitive Art Therapy Assessment (CATA)

- Diagnostic Drawing Series (DDS)
- Draw-A-Person-In-The-Rain (DAP)
- Draw-A-Story (DAS)
- Face Stimulus Assessment (FSA)
- Formal Elements Art Therapy Scale (FEATS)
- Kinetic drawings (Kinetic-Family-Drawing (KFD), Kinetic-House-Tree-Person (K-H-T-P), Kinetic-School-Drawing (KSD))
- Family Art Evaluation
- Levick Emotional and Cognitive Evaluation and Assessment Method (LECATA)
- Mandala Assessment Research Instrument (MARI)
- Person Picking an Apple from a Tree (PPAT)
- Road Drawing
- Silver Drawing Test (SDT)

4. Professional Practice and Ethical Responsibilities (25%)

- Abide by the Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures (ATCB, 2025), Practice, and Disciplinary Procedures
- Comply with the Health Insurance Portability and Accountability Act (HIPAA)
- Discuss confidentiality/privacy, fee structure, and storage/retention of artwork
- Document art therapy products (label/photograph/store)
- Document supervision sessions
- Engage in Cultural Responsiveness (e.g., activism, personal art making, continuing education/training, peer consultation, and supervision)
- Evaluate risk of harm to self and/or others (duty to warn)
- Understand supervision models
- Provide guidance on ethical research practices
- Provide supervision and consultation
- Review and obtain informed consent and release of information forms
- Seek supervision and consultation
- Set up a secure teleconference for therapy sessions and supervision
- Use technology for data management (e.g., progress notes, records, billing, storage of art products)
- Utilize appropriate electronic methods of communication with clients
- Utilize reflective art-making processes

5. Professional Development and Research (10%)

- Gather, review, and interpret research literature and apply to practice
- Prepare research for publication
- Provide guidance on ethical research practices
- Understand and conduct qualitative research (interviews, focus groups, etc.)
- Understand and conduct quantitative research (experimental designs, developing or distributing measures, distributing surveys)

6. ## Administrative Functions and Program Management (10%)

- Conduct programmatic needs assessments/program evaluation
- Consult with other agencies/organizations
- Ensure that universal precautions are utilized in the work environment (e.g., body fluids)
- Learn new techniques or media relevant to the client population/setting
- Orchestrate programming that supports the work setting (e.g., fundraising, shows, exhibitions, weekly schedules)
- Organize non-art therapy activities for clients (e.g., field trips, enrichment activities)
- Participate in administrative meetings, case presentations, and clinical team meetings
- Provide appropriate physical space (e.g., proper ventilation, lighting, and access to water)
- Provide community outreach, staff training, and in-services

EXAMINATION SCORING AND REPORTING

The Art Therapy Credentials Board Examination (ATCBE®) is scored based solely on each candidate's performance on the examination. A candidate's result is not affected by the performance of other candidates.

The passing standard for the ATCBE® is established through a recognized standard-setting process involving qualified subject matter experts and psychometric guidance. Using a Modified Angoff methodology, subject matter experts evaluate examination content in relation to the knowledge and skills expected of a minimally competent art therapist. The resulting passing standard is reviewed and approved through ATCB's established examination governance processes.

Because multiple forms of the ATCBE® may be administered, appropriate psychometric procedures are used to maintain comparability across examination forms. These procedures account for differences in form difficulty so that candidates are held to a consistent standard of competence regardless of the examination form they receive. As a result, the number of questions that must be answered correctly may vary slightly among examination forms.

Candidates receive an official score report from Prometric following completion of the examination. The score report indicates whether the candidate passed or did not pass the ATCBE®. Candidates who do not pass also receive diagnostic information regarding their performance across examination content areas to assist them in identifying areas for further preparation.

PREPARING FOR THE EXAMINATION

The ATCBE is a professional certification exam that requires thoughtful preparation. The following checklists are provided to assist candidates in preparing for the exam.

The ATCB suggests candidates develop a study plan:

- Identify best methods of studying (e.g., alone or with others, time of day, location, rewarding at intervals).
- Organize all information about the exam procedure and the topics covered by the exam.
- Become familiar with the type of questions, topic areas, etc. as given in this guide.
- Prioritize concepts and topics to study.
- Identify strengths and areas of struggle.
- Be systematic; determine what material can be briefly reviewed and what material need more concentration.
- Read the sample questions to familiarize with the nature and format of the questions that will appear on the examination.
- A reference list is given under "Suggested Reading" in this guide. This list is not meant to represent all knowledge required for mastery in the field of art therapy, nor are exam questions taken from this material, per se.
- If taking the exam for board certification, candidates are required to abide by the Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures (ATCB, 2025), Conduct, and Disciplinary Procedures.
- Manage time to ensure ample time to review content before testing

Suggested Reading:

The following resources are provided solely as optional examples of materials candidates may find useful when reviewing publicly available ATCBE® content areas. ATCB does not require, endorse, or recommend any specific publication as necessary for examination preparation, and examination items are not derived from these resources.

- Rubin, J. A. (2016). *Approaches to Art Therapy: Theory and Technique*. Routledge.
- Art Therapy with Older Adults: Connected and Empowered. Erin Partridge. Jessica Kingsley Publisherss, 2019.
- Art-Based Group Therapy: Theory and Practice, Bruce L. Moon, 2016 publisher: Charles C. Thomas, Publisher Ltd. Springfield, IL
- Art-based supervision: Cultivating therapeutic insight through imagery. Barbara J. Fish. 2016. Routledge.
- Artful Grief: A Diary of Healing. Balboa Press, 2013. Sharon Strouse.
- Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures (ATCB, 2025), Conduct, and Disciplinary Procedures (2024 prior)
- Code Governing Standards of Practice, Eligibility for and Regulation of Credentials, and Disciplinary Procedures (2025 onward)
- Corey, G. Theory and Practice of Counseling and Psychotherapy. 2013, Brooks/Cole
- Corey, G., Corey, M., Corey, C., & Callahan, P. (2015). Stamford, CT. Cengage
- Craft and Art Therapy: Diverse Approaches to the Transformative Power of Craft Materials and Methods. Edited by Lauren Leone, 2021 Routledge, a Taylor and Francis Group
- Dr. Daniel J. Siegel, MD. Brainstorm: The Power and Purpose of the Teenage Brain, 2015. Tarcher Perigee
- DSM 5-TR
- Gussak, D. E. and Rosal, M. L. (Eds.). (2016). The Wiley Handbook of Art Therapy. Wiley Blackwell.
- Handbook of Multicultural Counseling 4th edition. J. Manuel Cassas, Lisa A. Suzuki, Charlene M. Alexander, Margo A. Jackson. Sage Publications Inc. June 2016
- HIPAA privacy rule and sharing information related to mental health (law)
- Holttum, Sue, Wright, Tim, Wood, Chris. Art Therapy with People Diagnosed with Psychosis: Therapists' Experiences of their Work and the Journey to their Current Practice, 2021. International Journal of Art Therapy, 26:4 126-136.
- Jung on Active Imagination, C.G.Jung, Joan Chodorow. Routledge, 1997
- Moon, Bruce L. and Goldstein Nolan, Emily, Ethical Issues in Art Therapy. Charles C Thomas Publisher Ltd. 2020 4th edition
- Pediatric Art Therapy, 2021. Jessica Kingsley Publisherss. Michelle Itczak editor
- "Found Objects in Art Therapy, Edited by
- Daniel Wong and Ronald P. M. H. Lay Jessica Kingsley Publisherss, 2021"
- DBT-Informed Art Therapy, Susan M Clark, Jessica Kingsley Publisherss, 2017
- Cultural Humility in Art Therapy, Louvenia C. Jackson, Jessica Kingsley Publisherss, 2020
- "Art Psychotherapy and Innovation: New Territories, Techniques and technologies", Helen Jury and Ali Coles, Jessica Kingsley Publisherss, 2022
- Art Therapy and Substance Abuse, enabling recovery from alcohol and other drug addiction. Libby Schmanke, Jessica Kingsley Publisherss, 2017
- Art Therapy in the Treatment of Addiction and Trauma, Patricia Quinn, Jessica Kingsley Publisherss, 2021

- Creative Arts Therapies and the LGBTQ Community. Briana MacWilliam, Brian T. Harris, Dana George Trottier, and Kristin Long, Jessica Kingsley Publisherss, 2019
- Art Therapy with Veterans. Rachel Mims, Jessica Kingsley Publisherss, 2022

Exam-Day Checklist

- Bring acceptable, unexpired government-issued identification matching your registration name.
- Arrive early (test center) or launch 30 minutes early (remote) to complete check-in.
- Remove prohibited items (smart watches, notes, secondary devices).
- Close VPNs, virtual machines, remote-desktop tools, and background apps before launching ProProctor.
- Have the testing space well-lit with a clear workspace; walls and desk will be scanned (remote).
- Know how to contact the proctor if your session freezes; follow on-screen prompts before closing the app.
- Report any exam content or delivery issues immediately to Prometric; document the ticket or case number.

Accommodations & ESL Clarifications

Submit accommodation requests with supporting documentation prior to scheduling. Allow sufficient review time; requests submitted close to your desired test date may require rescheduling. If an accommodation request is not approved, instructions for providing additional documentation or appealing will be provided.

ESL Dictionary Option: Only a pre-approved paper dictionary is allowed. The ESL fee is non-refundable. Bring the exact dictionary approved; electronic dictionaries and devices are not permitted.

Remote Proctoring (ProProctor) — System Readiness

Run the Prometric system check on the same device and network being used for testing. Disable VPNs, corporate profiles, and background applications. If the computer is connected to a VPN or running in a virtual machine, ProProctor will close and the test will end.

Useful Links

ATCB — Official Website — Use for board certification and state licensure information, requirements, and system checks. MyATCB — Use for submitting application for board certification or taking the ATCBE for state licensure

Prometric — Test Centers & Scheduling — Use for scheduling, requirements, and system checks. Prometric ProProctor (Remote Testing) — Use for scheduling, requirements, and system checks. Prometric Candidate Site (System Check) — Use for scheduling, requirements, and system checks. ATCB Contact — Use for scheduling, requirements, and system checks.