

### A Message from the ATCB President



Deborah Good  
ATCB President

Welcome to the Spring edition of the *ATCB Review*. The new 2011 ATCB Board of Directors hit the ground running on January 1<sup>st</sup> and all members are diligently working in their areas of interest and expertise. We are very fortunate to have an incredibly well-balanced, talented group of Board members engaged in the various ATCB projects. Many of our current projects are included in reports in this newsletter to keep you updated on how the Board is working to enhance your art therapy credentials.

In January, the ATCB entered into a contractual agreement with the Center for Credentialing & Education (CCE) to assist us with the National Commission for Certifying Agencies (NCCA) application that we will file in September. In past newsletters, we have reported on our intention to apply for national accreditation of our ATR-BC through NCCA. Please refer to page 3 for Bill More's report on the NCCA application and our efforts to keep your art therapy credentials at the highest standards possible. The Board is dedicated to contributing all the effort needed to create a successful application packet that will lead to NCCA accreditation.

Also in January, the ATCB Board of Directors welcomed two new appointments – Jennifer Stone, Public Member and Mary Ellen McAlevy, Director. Both new Board members, whose bios can be found on page 2, bring a wealth of expertise to the ATCB. We are fortunate to have these two talented individuals working on the ATCB Board to represent you. Jennifer has an extensive background in ethics, health, mental health and legislative issues. As the Public Member, she will be the front line for ethical concerns and will work with the ATCB Ethics Officers and the Ethics Panel on issues that are brought to the ATCB's attention. Jennifer's duties include committee involvement in Strategic Planning, Finance, Investments, Web site, and NCCA Committees. You may have noticed that Mary Ellen is the new *ATCB Review* Editor. Her talents in this area are greatly appreciated. In addition to the Newsletter Editor, Mary Ellen is the Board Liaison to the Registration Standards Committee and the International Ad Hoc Committee Chair. (*continued on page 3*)

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## ATCB WELCOMES

The ATCB Board of Directors is pleased to announce two new appointments to the Board of Directors. Jennifer Stone and Mary Ellen McAlevey joined the ATCB Board on January 1, 2011.



Jennifer Stone  
Public Member

**Jennifer Stone** is a lawyer with the Rodey Law Firm. She has represented and advised health care facilities, physicians, and other health professionals regarding all aspects of their operations, including business planning, compliance, contracting, credentialing, licensing, regulatory matters, and litigation

since 1991. Jennifer's law practice concentrates on the representation of hospitals, insurers, medical groups, healthcare professionals and other healthcare entities. Her areas of focus include healthcare transactions (business formation, joint ventures, contracting), regulatory advice and representation (CMS, OIG, HSD, DOI, DOH, professional licensing boards), medical staff issues, compliance issues (Stark, anti-kickback, billing), behavioral health issues, HIPAA, clinical research, pharmaceutical issues, and healthcare litigation.

Before joining the Rodey Law Firm in Albuquerque, NM, Jennifer served as general counsel and a deputy cabinet secretary for the New Mexico Department of Health. As general counsel for the New Mexico Department of Health, Jennifer managed all litigation brought against or involving the Department of Health and advised the Department on all aspects of operations, including the operation of its Division of Health Improvement (regulating all hospitals, long-term care facilities and residential care facilities), the operation of six licensed health facilities, operation of medical clinics in every county in New Mexico, operation of a residential program serving developmentally disabled persons, administration and oversight of the Developmental Disabilities waiver of the Medicaid program, and government procurement activities. She also drafted and analyzed healthcare legisla-

tion and health policy statements. As deputy cabinet secretary at the New Mexico Department of Health, Jennifer was administratively responsible for all aspects of operations of the six residential health facilities owned and operated by the Department of Health, including inpatient behavioral health treatment for adults and children, substance abuse rehabilitation and treatment, physical rehabilitation hospitals, long-term care facilities, and residential care for the developmentally disabled. In that role, Jennifer oversaw regulatory compliance, accreditation activities, facility governance activities, emergency preparedness, patient care coordination, billing and payment activities, and also interacted with various regulatory agencies and legislators.

Before joining the Department of Health, Jennifer also worked as an in-house attorney for Sun Healthcare Group, and spent 11 years in litigation and general health law practice, representing physicians, hospitals and other health care organizations in regulatory, contractual and corporate matters, as well as medical negligence defense.

Jennifer is a frequent speaker on healthcare matters, including HIPAA privacy rule and security rule compliance and healthcare fraud.



Mary Ellen McAlevey  
Director

**Mary Ellen McAlevey** works for Monmouth Medical Center in Long Branch, NJ, as Intake Coordinator in their adult partial hospitalization program. She is a graduate of Marywood University in Scranton, Pennsylvania. The Past-President of the New Jersey Art Therapy Association, she is a board-certified, registered art therapist, a certified art therapy supervisor, and a Licensed Professional Counselor in the state of New Jersey. She has presented nationally for American Art Therapy Association conferences and the National Conference on Tobacco or Health, and locally for the New Jersey Art Therapy Associa- *(continued on page 6)*

## President's Message *(continued from cover)*

Penny Orr, President-Elect, has written an outstanding article on ethics and challenges that art therapists may face with the advances in our expanding profession. Penny includes information from the new *Code of Professional Practice* and personal insights into the current multi-media effects on therapeutic issues. I know you will find this article helpful in your everyday practice and I am sure that it will assist you on the ways that you may ethically advertise your skills.

Michael Fogel is the featured credentialed art therapist in this newsletter. Michael presents a refreshing view on his art therapy training and practical experience. The ATCB features an art therapist in most of the newsletter editions. Our intention is to highlight fresh faces in the art therapy profession who are willing to share with our readers the personal and professional value their credentials hold for them.

The ATCB will participate as a sponsor at the AATA Conference in Washington, DC this July. In addition, there will be an ATCB booth in the Exhibitor's Hall at the AATA Conference for you to visit, pick up information and where you can speak to our Executive Director, Rita Maloy, or a current Board Member. The ATCB continues to collaborate with AATA and values the Memorandum of Understanding (MOU) that exists between the two distinct organizations. The annual hard copy of the *ATCB Review* will be the summer edition due to the change in the conference schedule. The *Review* will be mailed to you, or you can pick up a copy at the ATCB booth at the AATA conference.

The ATCBE will be administered on Saturday, July 9th during the AATA Conference and at four other sites across the country. The ATCB encourages all ATRs who wish to take the BC examination to apply by May 10<sup>th</sup>. Information regarding the examination application can be found on the ATCB web site.

Last December Debra Paskind left the ATCB Board of Directors. We send a heartfelt thank you to Debra for her service. We also wish her well in her current and future responsibilities and endeavors.

I hope that this newsletter will inspire you in your art therapy practice. Please feel free to contact the National Office if you would like to be considered for service on an ATCB committee or the ATCB Board of Directors. The Office is available to answer any questions regarding your credentials or service work with the ATCB. The ATCB continues to put our mission "*to protect the public by promoting the competent and ethical practice of art therapy*" in the forefront of all our activities.

All the best,

Deborah Good, Ph.D., ATR-BC, ATCB President

## NCCA Accreditation Update

Bill More, ATR-BC, Chair  
ATCB Ad Hoc Committee on  
NCCA Accreditation

The year 2011 is upon us and the ATCB Ad Hoc Committee on National Commission for Certifying Agencies (NCCA) Accreditation is working with the ATCB Board of Directors to finalize the materials needed to complete the application to accredit the ATCB board certification process. For credential holders new to the *Review*, let me explain the rationale for seeking accreditation of the ATR-BC. Once the board certification process is accredited, the public and stakeholders, including employers, clients, and state licensing boards, will be assured that an art therapist's professional competence has been assessed through an examination and a certification process that meets national standards. These standards cover the adequate setting of eligibility requirements for access to the certification, in our case the ATR, provision of a psychometrically valid exam (whose contents will remain controlled by the ATCB), and a best practices process for assuring the continued competency of credential holders. It is also worth noting that the Institute for Credentialing Excellence (ICE) is conducting lobbying efforts to have Congress enact a law that would require all federal contracts that include the hiring of employees from professions covered by a certification process, be only filled with employees from fields with a certification process accredited by the NCCA.

In January, ATCB President Deborah Good signed a contract with CCE to complete *(continued on page 9)*

## Updated Recertification Standards for the BC Credential

Libby Schmanke, ATR-BC, Director

The “ATR-BC Recertification Standards” is the document that spells out the requirements for maintaining board certification (the “BC”). As in other professions, art therapists who have earned board certification are required to provide evidence that they maintain this high qualification through continuing education. For the ATR-BC, recertification is confirmed every five years, either through evidence of the accumulation of 100 hours of continuing education credits (CECs), or by retaking and passing the Art Therapy Credentials Board Examination (ATCBE), which is revised annually.

Your recertification date or “expiration date” may be found on your wallet card and on your ATR-BC certificate, or you may contact the National Office for your date. All recertification cycles begin on a July 1 date.

Although a required minimum of 6 CECs in ethics per cycle was added to policy in 2004 for cycles beginning on or after July 1, 2006, the Recertification Standards as a whole had not been revised for some time. This was partly because we are refining documents for our application for NCCA accreditation (see Director More’s article), and partly in response to the National Office having to deal with ever-increasing credential holder requests for clarification. As a result, we decided to perform a thorough review of these standards.

As Board Liaison to the ATCB Certification Committee, it was my task to review and propose revisions with suggestions from the Committee. My thanks to the Committee, who provided thoughtful feedback at their meeting last August. In addition to the appraisal of our own document, we looked at the standards for continuing education of the National Board for Certified Counselors (NBCC) as well as of the Health Professions Council, which oversees art therapist continuing education in Great Britain. Thanks also to our Executive Director, Rita Maloy, who provided a clear account of those areas of the standards that tended to be ambiguous for credential holders.

At the fall Board meeting, Directors discussed and finalized the new Standards document. It is now available for reading or downloading by clicking on the blue [recertification standards](http://www.atcb.org/maintaining_the_atr/) link on this page of our website: [http://www.atcb.org/maintaining\\_the\\_atr/](http://www.atcb.org/maintaining_the_atr/). The document is also included in the recertification application packet, which is mailed to credential holders approximately three months before their renewal date.

The new Standards document can be *(continued on page 12)*

## ATCB Board Certification Examination Date and Locations

**July 9, 2011**

**Chicago, IL**

**Denver, CO**

**New York, NY**

**Rochester, NY**

**Washington, DC**

The early deadline to apply for Board Certification and test on July 9, 2011 is May 10, and the final deadline is May 20. ATRs applying for Board Certification by the May 10 deadline save \$25 off the regular fee of \$260.

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Plan to attend the premier networking and continuing education credit event for art therapists. The 42nd annual conference of the American Art Therapy Association will take place July 6-10, 2011 in Washington, DC. This year’s theme is “Creative Energy, Collective Efforts: Empowering the Art Therapy Journey.” Please visit [www.arttherapy.org](http://www.arttherapy.org) for more information.



## CREDENTIAL HOLDER PROFILE

### MICHAEL FOGEL, ATR-BC

I always wanted to make a difference - to make the world a better place. I just didn't know how I was going to do it.

Growing up reading comic books, I idolized the colorful superheroes. Superman, with his vast array of powers, could help everyone. This appealed to my super-sensitivity and sense of justice. Comics became my entry point into the world of art-making. I drew existing heroes and villains, and



Michael Fogel

created my own characters in all sorts of poses and scenes, fantasizing that I could save the weak or vulnerable.

I never pursued formal art classes in high school, but my winding road as an undeclared college freshman led me to discover my voice through art classes. As an accidental studio art major (and psychology minor), I identified my passions, but I found my true calling and destiny when I inadvertently discovered Art Therapy on television. "Wow!" I exclaimed, "I want to do *that*!" I want to help people find their voice through art the way I did!" My research led me to Hahnemann University (now Drexel University), from which I graduated in 1995.

One life-changing graduate program later I had found my way to help people! My powers of empathy, observation, visual communication, and playfulness were unleashed in institutional jobs in the inner city for the first five years of my career. But like the fledgling superhero, my powers were raw. I didn't yet have the wisdom, awareness and self control that come with experience and supervision. Plus, my idealistic self still wanted to save the world.

The ATR requirements became essential to my mission. They provided a clear structure and path to growth for me to follow. Like Superman's Kryptonian elders in his Fortress of Solitude, my supervisor became a trusted mentor and coach. Our ATR supervision sessions became a safe, still

place for me to process my therapy relationships and techniques – and to become a better therapist and human being. I learned to trust my instincts yet become aware of my limitations. Like Superman I could not save everyone, but I could make a difference in my own little corner of the universe - one session at a time, one relationship at a time.

I needed to define *how* I would work with each person, but post-graduate advanced-practice art therapy courses were few. I took many non-art therapy workshops to fill this need - in family therapy, play therapy, child-centered therapy, and child-resiliency. My supervision remained my own personal "evil laboratory" which assimilated my learning into two new art therapy approaches/programs that have proven to be quite exciting and rewarding.

In 2000, I brought these two new programs to a private-pay psychology practice in the Philadelphia area. "Child-Centered Art Therapy in a Family Therapy Context" is an integration of individual child art therapy with parent coaching/family support. "The Art of Friendship Social Skills Program" specializes in the treatment of neurodevelopmental social challenges, such as Asperger's Syndrome, PDD, ADHD, and learning disabilities. I was humbled and honored in 2006 when these programs were recognized with the "Innovative Application of Art Therapy Award" award by the Delaware Valley Art Therapy Association.

The ATCB Board Certification became a critical stepping stone early in my private practice experience. Credentialed with only my ATR to start, my progress notes and invoices were co-signed by licensed psychologists to [literally] validate my professional services. When I received my BC, it gave prospective patients confidence that my professional expertise was evaluated and endorsed by a responsible body. Even more importantly, board certification qualified me for the new Pennsylvania professional counselor license in 2002.


Board certification and licensure put me on equal competitive footing (*continued on page 6*)

## Fogel *(continued from previous page)*

with with other similarly qualified professionals. My license made me eligible for third party insurance reimbursement. Buoyed by the confidence and backing of my ATR-BC, LPC credentials, I decided to leave the comfort and safety of employment in favor of small business ownership. In 2007, I launched my own private art therapy practice, the Child and Family Art Therapy Center.

I wished to pass on all I have learned to the next generation of art therapists. As an adjunct professor at Drexel University, I currently teach, supervise art therapy students and ATR candidates, and participate in thesis committees. To fill the aforementioned gap in advanced-practice post-graduate art therapy education, I wrote and currently teach a nine part, 36 CEC continuing education course, called "Child Centered Art Therapy in a Family Therapy Context."

I am grateful to be living my childhood dream of making the world a better place. My favorite discovery of all is that if you dare to dream and commit to hard work, anything is possible (you can leap tall buildings in a single bound). My idealism remains strong; I hope to write and publish my therapy approaches to reach a wider audience. I also dream to one day open an outpatient child/family art therapy clinic in Philadelphia that provides top notch treatment for impoverished children and families. I hope that this clinic would also be an inspiring training site for many art therapy students.


Maybe we *can* save the world, together, one child at a time, one family at a time. In the great tradition of my beloved comic books, this story ends with a cliff-hanger: "to be continued..." 



## ATCB Welcomes

*(continued from page 2)*

tion, the Delaware Valley Art Therapy Association, the New Jersey Counselors Association, the National Association of Social Workers-New Jersey chapter, Art Educators of New Jersey, Rutgers University School of Social Work, Rutgers University Summer Institute of Alcohol and Drug Studies, and the University of Medicine and Dentistry of New Jersey, to name a few. She is on faculty at Caldwell College.

Mary Ellen is the past chair of the American Art Therapy Association Continuing Education Committee, is a member of the American Art Therapy Association annual conference program committee and an APA reviewer. She has been appointed by the Art Therapy Credentials Board to serve as a Director for the 2011-2012 term. She is a doctoral student in Psychiatric Rehabilitation at the University of Medicine and Dentistry of New Jersey. She has a private practice in Toms River. 

### VISIT

[www.atcb.org](http://www.atcb.org)

### TO FIND

- A listing of current ATRs and ATR-BCs by state
- Information about ATCB's Board of Directors
- Guide for Students
- Code of Professional Practice
- Complete applications for the ATR, ATR-BC, and ATCS
- Recertification Standards
- ATCBE Preparation Guide
- Continuing Education Tracking Form

## Applying Ethics to the Age of Social Media: Multiple Relationships

Penny Orr, PhD, ATR-BC, ATCS, President-Elect

With the growth of social media such as Facebook, Twitter, blogs, and bookmarking as a form of communication and a source of information within personal and professional relationships, new ethical concerns in relation to art therapy practice have arisen. Using social media in and of itself is not inherently bad or unethical, and can be particularly useful as a tool for art therapists in private practice, or those working to expand their professional contacts. However, using social media in either personal or professional communication can create potential ethical issues for an art therapist or counselor if these media are not used in a thoughtful, conscious and careful manner.

MySpace is the 6th largest "country" in the world" with more monthly visitors than any other site, and with the most rapid growth of any Internet site in history. (Rosen, 2007) 73% of US adults are now online, 55% with broadband connections. [Our saturation and bandwidth/speed lags as a nation behind much of the world still, fwiw!] 82% of college students own their own computer. 72% "check their email at least once a day". [The speaker quipped: C'mon! Only once a day? We know better! :-)] ---live blog while attending a symposium at the APA conference <http://www.fenichel.com/PALive2008.shtml#YouTube>

The ATCB has addressed these issues in its most recent revision of the *Code of Professional Practice*. Over the next year, I will be taking sections of the ATCB *Code of Professional Practice* and exploring how it attempts to guide the ethical practice of art therapy in the age of social media. In this first column in the series, I will examine the issue of how easily multiple or dual relationships can arise because of how ubiquitous social media is in our lives, the ethical implications of such relationships; and possible avenues for addressing these issues. In future columns I will be addressing confidentiality in

social media and using electronic means in counseling sessions.

### Dual Relationships

It is important to say that *being ethical is being ethical*, whether it is online or off, just as being verbal, creative, caring, effective, responsible, etc., can be demonstrated on or offline. The possibility of dual relationships arises every day among therapists, students, clients who live in our communities, and people with whom we work. We can all envision the dilemma that would arise when an art therapist's client shows up at their door as the new boyfriend or girlfriend of their teenage child. The possibilities abound!

Getting a friend request on Facebook from a client, an ex-student, or the family member of a professional colleague raises the same ethical issues as if one of these people has asked to keep in touch with you after your professional relationship has ended. The main difference with social media is the ease with which people can track you down if you have not set up your social media presence with the proper safeguards in place, and the many different places on the Internet where information about you exists.

The ATCB *Code of Professional Practice* addresses the issue of multiple relationships from the perspective of the art therapist's ethical conduct in not initiating such relationships; handling such relationships in a responsible manner if one should arise or is unavoidable; and the responsibility the art therapist has to look out for the best interests of the client and not one's self in such matters. Section 3 of the *Code of Professional Practice* addresses standards of conduct by art therapists and includes the following clauses that address dual or multiple relationships. Slight changes in the wording have been made to this part of the *Code* in 2011 to address the phenomenon of social media as one of the ways that such a relationship could occur.

**3.3.1** Art therapists shall not engage in any relationship, including through social media,  
(continued on next page)

## Applying Ethics to the Age of Social Media: Multiple Relationships

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with current or former clients, students, interns, trainees, supervisees, employees, or colleagues that is exploitative by its nature or effect.

Other clauses in the *Code* that address the nature of dual relationships have not had the wording changed to accommodate social media because these clauses are written in such a way that they can include any type of inappropriate relationship, which can include an online relationship.

3.3.3 In the event that the nature of any such relationship is questioned, the burden of proof shall be on the art therapist

to prove that a non-therapeutic or non-professional relationship with current or former clients, students, interns, trainees, supervisees, employees, or colleagues is not exploitative or harmful to any such individuals.

3.3.4 Exploitative relationships with clients include, but are not limited to, borrowing money from or loaning money to a client, hiring a client, engaging in a business venture with a client, engaging in a romantic relationship with a client, or engaging in sexual intimacy with a client.

3.3.6 Art therapists shall not use their professional relationships with clients to further their own interests.

The public nature of social media is also of concern in that what we say, write, link to, etc. as members of online communities, even when we are not participating in these venues for professional reasons, may be interpreted as representing our professional views, character, recommendations, or even the field of art therapy in general. Participating in online environments is much like attending a local fundraiser in your community. You have to be aware that you are not only representing yourself as a private person, but also as a

professional person, and you probably don't want to engage in local gossip in such a setting. Thus, it is important to keep in mind that when you post to the Internet, anyone, including clients or simply vulnerable populations searching the Internet, may read what you have posted and take more from it than you intended.

1.2.5 Art therapists, because of their potential to influence and alter the lives of others, must exercise special care when making public their professional recommendations and opinions through testimony or other public statements.

1.5.10 Art therapists are accountable at all times for their behavior. They must be aware that all actions and behaviors of the art therapist reflect on professional integrity and, when inappropriate, can damage the public

trust in the art therapy profession. To protect public confidence in the art therapy profession, art therapists avoid behavior that is clearly in violation of accepted moral and legal standards.

### Safeguarding in the age of social media

So does this mean that we can't have a personal life if we are therapists? No. What this means is that we need to be mindful of what we are doing in these easily accessed social-media spaces. One thing I would recommend to everyone is to start by Googling yourself. What is out there already on the Internet that your name is tied to? Are there things you wouldn't want a client or prospective employer to see about you?

If you participate in social networking sites like Twitter or Facebook, make sure that you read through the account settings areas very carefully and set your privacy levels that you feel would protect your professional self from your social self.

(See "Ethics" on next page)

*"You have to be aware that you are not only representing yourself as a private person, but also as a professional person...."*



## **Ethics** *(continued from previous page)*

I even have gone so far as to have a professional Facebook page and a private Facebook page. I only allow friends and family access to my private page, while anyone can have access to my professional page.

Personally, I love to use the Internet and all the wonderful new ways of communicating, just like I love to laugh. However, I am careful about using my internal filter for determining when it is appropriate to laugh and with whom it is appropriate to laugh, just like I use the technology filters in place for all social media to determine what I share about myself with the world and who I “friend.”

Happy socializing... mindfully! ☾

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## **NCCA Update** *(continued from page 3)*

a final review of our policies and procedures manual and support materials for compliance with NCCA standards, and to create the multiple copies of the application including burning the ten CD copies of the application that must accompany the four hard copies. I will be meeting with Rita Maloy, ATCB Executive Director, and Shawn O'Brien of CCE just prior to the spring Board meeting to review our application materials and map out the remaining tasks. In June, our letter of intent to file an application in September 2011 will be submitted to NCCA, formally starting the review process.

The Ad Hoc Committee continues to work with the Bylaws and Policy and Procedure Committee to update the P&P and write policy to meet new NCCA standards including a requirement for periodic program review. With new directors joining the Board and ATCB committees, we have new voices in the process that have recommended further changes to policy. If we have learned one thing in the NCCA application process, it is the importance of making the process for setting policy and procedures active and ongoing.

I am excited that we are getting close to submitting our application. Continue to look for updates from the Ad Hoc Committee in future issues of the *Review* to check on our progress. ☾

## **2011 DEADLINES**

**March 30** If you are an ATR-BC who is due to recertify in 2011, you should receive your recertification notice by March 30, 2011, via postal mail. Please contact the ATCB National Office if your renewal notice has not arrived by this date. If you are not sure whether you are due to recertify this year, please refer to the expiration date on your ATR-BC certificate or contact the ATCB National Office.

**May 10** **Early Application Deadline for BC.** If you are an ATR and plan to take the ATCBE for Board Certification, you can save \$25 by submitting your application before this date. The application is available on our Web site or by contacting the ATCB National Office.

**May 18** **Recertification.** If you are an ATR-BC who is due to recertify this year and who needs an extension of the time to obtain the required CECs, you must submit a written request with the extension fee by this date.

**May 20** **Final Application Deadline for BC.** If you are an ATR and plan to take the ATCBE for Board Certification, your ATR-BC application must be postmarked by this date.

**June 1** **Recertification.** If you are an ATR-BC who is recertifying this year, your completed application for recertification, must be received by the ATCB National Office by this date.

**June 30** **Annual Maintenance Fees.** ATR/ATR-BC/ATCS annual maintenance fees are due by this date. Notices will be mailed by May 15. If you have not received a notice by June 1, please contact the ATCB National Office.

**July 9** **ATCB Examination.** National administration of the Art Therapy Credentials Board Examination.

## Congratulations to Our New Credential Holders

September 1, 2010 to January 30, 2011

### **New ATCSs**

Rita Jendrzejewski  
Evie (Yvonne) Lindemann  
Annette Shore

### **New ATR-BCs**

Tanya Alexander  
Christina Alexander  
Catherine Arbas  
Jennifer August  
Valerie Berner  
Danielle Braxton  
Alexandra Brueckner  
Valerie Bryan  
Jennifer Cavanaugh  
Stephanie Cimmet  
Chandra Coleman  
Deborah Corrington  
Jennifer DeRoller  
Alexis Fiala  
Michael Fox  
Shauna Goodenough  
Anne Graber  
Jessica Harris  
Christine Hirabayashi  
Taeko Horigome  
Jill Howell  
Michelle Itczak  
Rachel Kaplan  
Katherine Keith  
Mary Kohut  
Marisa Lawrence  
Heather Leigh  
Jennifer Lipstein  
Reina Lombardi  
Cara Long  
Emery Mikel  
Amy Morrison  
Danielle Morse  
Katie Mowbray  
Jennifer Murphy  
Kaori Nagao  
Emily Nolan  
Karen Peacock  
E. Spencer Powers

### **New ATR-BCs (continued)**

Jodi Price  
Diane Quiroga  
Kelvin Ramirez  
Robin Reiss  
Ruth Rios  
Jaime Robbins  
Alana Ruptak  
Sharon Sanborn  
Esther Savetsky  
Erin Schmoyer  
Blair Shepard  
Susan Sobel  
Ruth Strock  
Jenni Swenson  
Kim Traina-Nolan  
Robert Trombetta  
Susan Walton  
Nicole Willcox  
Tracy Williams  
**New ATRs**  
Amanda Alders  
Kimberly Andorfer  
Yelizaveta Avetikova  
Sarah Balascio  
Krista Ball  
Catherine Barrington  
Ann Beckham  
Laura Bollet  
Lenora Bordeau  
Lesley Burke  
Janine Bussa  
Christine Byma  
Irene Capuchino  
Susan Carmichael  
Lina Cates  
Hiedi Chan  
Grace Chang  
Neha Chawla  
Ginna Clark  
Sally Collins  
Ashley Coulon  
Suzanne Cress  
Jessi Cross

### **New ATRs (continued)**

Jessica Davidson  
Zulma DiGaudio  
Anna Duchene  
Jonathan Ehinger  
Sylvan Fluharty  
Anna Ford  
Elaine Glantz  
Kelly Gordon  
Jennifer Hackler  
Cynthia Halliday  
Jo Ann Hammond-Meiers  
Jean Harder  
Catherine Harris  
Erin Headley  
Melissa Hedlund  
Youngeun Heo  
J Alexandra Herrera  
Iris Herrero  
Laura Herschel  
Tara Hines  
Marissa Householder  
Adrianne Howard  
Marianne Huebner  
Rebecca Israilevich  
Kayla Karesh  
Tamar Kashi  
Samantha Kelly  
Holly Kern  
Kitt Kertbundit  
Elizabeth Kornberg  
Kate Kortanek  
Barbara Krementz  
Lindsay Lambdin  
Lauren Leone  
Olga Lipadatova  
Robin London  
Ingrid Lopez  
Danielle Lopez-Bopp  
Yasmin Malik  
Margaret Mann  
Barbara Manning  
Caroline Mason  
Whitney McLean

**New ATRs (continued)**

Janice Mead  
Sarah Milam  
Sara Miller  
Franette Mok  
Katki Molloy  
Laurie Mouradian  
Jiyun Nam  
Yvette Nosal  
Theresa O'Connor  
Holly O'Meara  
Gabriela Ortiz  
Jacqueline O'Shea  
Madelene Pario  
Erin Partridge  
Sylvia Perri  
Jaime Peterson  
Linda Plamondon  
Gina-Marie Porter  
Annette Puga  
Anne Rose  
Tomoko Saito  
Annette Salas-Miller  
Tricia Saviano  
Taylor Schmidt  
Jessica Sebastian  
Kaye Shaddock  
Jennifer Silva  
Judy Skwiersky  
Micheala Slipp  
Tracie Smtih  
Jane Spaulding  
Rebecca Spencer  
Sarah Starr  
Dian Svendsen  
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Arika Van Brunt  
Ivana Vizcarrondo  
Melissa Walker  
Amy Welch  
Shoko White  
Ann Willuweit  
Alison Winterle  
Ann Wohl  
Jiwon Yoon

**Board Meeting in October 2010**



*Outgoing ATCB Board members David Gussak, Stephanie Wise, and David Heinen*



*Mary Ellen McAlevey, Stephanie Wise, Jennifer Stone, David Gussak, Penny Orr, Janice Hoshino, Libby Schmanke, Deborah Good, and Bill More*

*Right: Susan Anand, Janice Hoshino, Jennifer Stone, Ed Oechsle, and Mary Ellen McAlevey at the New Board Member Orientation*





## Updated Recertification Standards *(continued from page 4)*

said to contain two types of revision: *Clarification of Policy* and *New CEC Values and Categories*.

### *Clarification of Policy*

- The **Program Eligibility** section is now much clearer and more specific. Vague language in the previous document resulted in numerous inquiries about whether specific educational experiences would be allowed for CECs. The new language in this section spells out “what counts” in this regard. Educational activities need to meet an established standard of quality assurance. Because it is not within the scope of the ATCB to examine and approve continuing education programs, we look for CECs to have approval from other recognized agencies, state boards, associations, or institutions to provide this assurance of quality.
- A new section of the document describes the “carry-over period,” a policy that was not explained in the previous version of the Standards. This policy allows for CECs which are acquired during the 90 days prior to a new cycle to be carried over and used for the following recertification period, if they are not used for the current period. Clear examples are given in the new **Recertification Time Frame** section to help credential holders understand this benefit.

### *New CEC Values and Categories*

The following bulleted lists spell out quantitative changes and additions to the Standards. For those changes which represent a stricter standard, an effective date is given so that credential holders who are part way through a five-year cycle, and who already have acquired CECs based on the previous standards, will not be disadvantaged.

#### **Overall Content Area Changes:**

- A minimum of half (50) of the CECs must reflect content area that is art therapy-specific. (Examples of acceptable *non-art* therapy content would include topics such as psychotherapeutic techniques or approaches, such as DBT or motivational interviewing; diversity training; professional issues in private practice; art education activity, etc.) Effective for cycles beginning on or after July 1, 2011. (No minimum for earlier cycles.)
- A maximum of 10 CECs of art education ac-

tivity are allowed per cycle. An “art education activity” would be one that had no content regarding therapeutic use of the art, for example, a class in fiber arts, or training in kiln firing. (Effective for cycles beginning on or after July 1, 2011.)


- A maximum of 10 CECs per cycle are allowed for a juried art exhibition. This category has two stages to the effective date, reflecting a previously established reduction: for recertification cycles beginning prior to July 1, 2008, there is no limitation on this category. For cycles beginning July 1, 2008 but prior to July 1, 2011, there is a 20 CEC limit. For cycles beginning on or after July 1, 2011, there is a 10 CEC limit.

#### **Changes in CEC Activity Values:**

- For the *presentation* of papers or other eligible educational activities, change from 2 CECs per clock hour to 3 CECs per clock hour. (*Attendance* at eligible activities remains at 1 CEC per clock hour.)
- Addition of a category for work on peer-review journals (3 CECs per year for reviewers, 5 CECs per year for editors).
- Breaking the CECs for a published book into two categories: leaving the amount awarded for a written book at 100 CECs, and awarding 75 CECs for an edited or co-authored book. Effective for cycles beginning on or After July 1, 2011.

A last word of clarification with regard to the concept of effective dates: eventually all credential holders will observe the new Standards. In other words, no one is “grandfathered in” permanently to an earlier standard by becoming board certified prior to an effective date.

We think the new Standards document is clear and helpful, and we hope you’ll take a moment to review it. We also encourage you, if you are a “BC” and not already doing so, to download blank CEC activity forms (“logs”) from the website to keep track of your eligible activities as you go. The form is required as part of the recertification application, whether you are audited or not, so you will do yourself a favor to keep it up to date. As always, feel free to contact the National Office with any questions or needs.

Kudos to the 2,455 of you ATR-BCs out there. You all have reason to be proud! 



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