# ART THERAPY ATCB REVIEW

SPRING 2009

Mission: To protect the public by promoting the competent and ethical practice of art therapy

#### A Message from the ATCB President...



This issue of the *ATCB Review* will provide you with some valuable updates on the activities of the ATCB Board of Directors, our committees, and the National Office. We have been busy working on a number of projects that are intended to bring added value to your credentials.

As you know, ATCB is in the process of seeking approval of our credentialing program (the ATR-BC) from the National Commission for Certifying Agencies (NCCA). NCCA approval is a signal to employers, the regulatory community, and the public at large that the credentialing program has undergone an extensive review and has met the high standards set by an accrediting body. Bill More, who is heading up the ad hoc committee for this project, provides an overview of progress thus far (see page 6) and he will be providing regular updates to you in subsequent issues of the Review.

Similarly, you are aware that ATCB has an ad hoc committee, under the direction of Penny Orr, working on a review and revisions to ATCB's Code of Professional Practice. We are undertaking this review to ensure that our ethics document reflects guidelines for art therapy practice that meet the standards of other, allied, healthcare professions. Penny's update can be found on page 3.

During our Spring Meeting held April 3-4 at the National Office in Greensboro, the ATCB Board of Directors adopted a new non-discrimination statement which reads "ATCB is committed to operating its program in a nondiscriminatory manner, and affirms that it shall not discriminate on the basis of race, color, religion, marital status, national origin, ancestry, sex, sexual orientation, gender identity, physical or mental disability, medical condition (including by not limited to cancer-related

#### ~ FEATURES ~

Message from the ATCB President	1
Credential Protection and Enforcement	2
ATCB Credential Holder Profile	3
Progress on Code Revisions	3
Investment Committee Report	4
New ATRs and ATR-BCs	5
NCCA Accreditation for BC Update	6
Best Practices:Risk Management for Supervisors	6
Board of Directors	7

or genetic characteristics), pregnancy, age, citizenship, or service in the uniformed services." This clause will be posted on our Web site and begin to appear on updates of all our printed material as we refresh our applications and recertification materials.

We have a new feature in this issue of the *ATCB Review*. This column will be devoted to guidelines and advice on "best practices" for art therapy. The debut feature addresses best practices guidelines for post-graduate supervision – including supervision for the ATR, general practice supervision/consultation, distance supervision, and supervision-of-supervision (for the Art Therapy Certified Supervisor credential). This column can be found on pages 6 and 7.

I also want to draw your attention to a column that addresses ATCB's efforts to protect the use of its credentials (ATR, ATR-BC and soon the ATCS). It is the mission of the ATCB to "protect the public through the competent and ethical practice of art therapy." As credential holders, you are aware of the rigorous process of obtaining and maintaining art therapy credentials. The ATCB is dedicated to making sure that only those who have earned and properly maintained their credentials can identify themselves using our service marks. On page 2 you will find more about Credential Protection and Enforcement.

As always, we are invested in providing you with a high level of credential support. If you have questions or comments, please do not hesitate to contact us via email at www.atcb.org or by phone at 877-213-2822.

Respectfully, Terry Towne, ATR-BC

### **Credential Protection and Enforcement**

Terry Towne, ATR-BC ATCB President

As an ATCB credential holder, you have worked hard to earn the ATR or the ATR-BC and you have faithfully maintained your credentials through payment of annual maintenance fees and, if you are an ATR-BC, the recertification process. Your credentials are proof of your dedication to the practice of art therapy; they are also a reflection of your belief in the mission of the Art Therapy Credentials Board, Inc. - "to protect the public through the competent and ethical practice of art therapy."

The Art Therapy Credentials Board is dedicated to ensuring that the high standards for Registration and Board Certification in art therapy are maintained and in step with the practice standards of allied healthcare professions. ATCB credential designations identify you, to the healthcare industry and the public, as an art therapist who has met either the minimum practice standard (ATR) or the highest practice standard (ATR-BC) for the profession.

As a credentialing body, ATCB has the obligation to protect the use of our widely recognized service marks (the ATR and ATR-BC) from misuse and the duty to engage in credential enforcement when individuals either improperly use the service marks or allow their credentials to lapse. These protection and enforcement functions are in place to protect both existing credential holders and the clients they serve. ATCB makes every effort to ensure that only those who have earned and maintained the ATR and ATR-BC are using these service marks.

#### How does ATCB protect and enforce credential use?

One way we do this is by providing ample, advance notification to credential holders of the due dates for maintenance fees and the recertification process. Please note, if we do not have your current contact information you may not receive proper notification. Therefore, keeping ATCB abreast of your current address and email service provider is an important step in maintaining your credentials.

Another way we protect and enforce ATCB credentials is by making use of the joint Memo of Understanding between ATCB and AATA. ATCB and AATA recognize that, despite the best efforts of both organizations (over the past 15 years) to define the differences between us, some confusion continues to exist. ATCB and AATA have worked jointly to ensure that all AATA conference presenters, listing themselves as either ATR or ATR-BC, are credential checked before the service marks appear in the AATA conference proceedings. Most recently, ATCB requested and AATA agreed that ATCB credentials would no longer appear on AATA membership cards. Future AATA membership cards will show a membership category only – not ATCB credentials. If you are an ATCB credential holder in good standing, you are already receiving a card from us with your up-to-date credential information.

Finally, when we become aware of the misuse of ATCB credentials, we may use a variety of methods to encourage a cessation of the misrepresentation. These methods may include a courtesy email, phone call or written notification from the President or a National Office staff member, and/or a cease and desist letter for ATCB's legal counsel.

We recognize that you worked hard to earn your credentials and we want you to be assured that we are working equally hard to make sure that those credentials are protected from misuse. If you wish to verify the use of ATCB credentials, you may use the "Find a Credentialed Art Therapist" feature of our Web site at www.atcb.org or call our National Office at 877-213-2822. Please use the same contact information to report any misuse of the ATCB credentials. Let's all work together "to protect the public through the competent and ethical practice of art therapy."

#### ATCB Credential Holder Profile: Mindi Moore, M.S., ATR-BC



My interest in the arts is one that emerged when I was young and eventually led to a Bachelor of Arts Degree in Art Education from the University of Northern Iowa. I was introduced to the field of art therapy while student teaching. At that time, it could not have been a more perfect fit. While I greatly enjoyed teaching art, I became interested in helping children on a more personal and emotional level.

I entered the art therapy graduate program at Florida State University in the fall of 2003 and graduated

with a Master of Science Degree two years later. While in the program I was able to experience a variety of therapeutic settings, including work with psychiatric, hospice, substance abuse, and victim populations. In all areas, I found art therapy to have an amazing impact on those who experienced it.

While in graduate school, I was given the opportunity to complete an art therapy internship in Bangkok, Thailand. My experiences working with child survivors of abuse there strengthened my perception of the advantages of art therapy. The art medium afforded me the ability to work therapeutically with children who spoke a language other than English and offered a mutual connection between the children and myself.

After graduating from FSU, I was hired as an art therapist for a non-profit agency in Tallahassee, FL. In January, 2008, I became a Victim Services Practitioner as designated by the Office of the Attorney General of Florida. After completing supervised experience hours I became a Registered Art Therapist in March, 2008; and took the Board Certification exam the following November. As an ATR-BC, I currently provide individual, family, and group art therapy for children and families who are dealing with issues due to victimization and substance abuse.

Becoming an ATR-BC was extremely beneficial to my career and the opportunities now available to me. Soon after earning the credential, I was given the opportunity to begin an outpatient program for children with behavioral issues, with art therapy as the primary treatment modality. The experiences of earning the ATR-BC have also enhanced my ability as a professional and I am committed to contributing to this process. In support of the credential, I currently provide supervision to art therapy graduates seeking the ATR and encourage them to take the board certification exam. The credentialing of art therapists benefits all involved and helps to ensure the strength of our field. I strongly believe art therapists should support and promote art therapy and the ATCB mission "to protect the public through the competent and ethical practice of art therapy."

#### Progress Continues on ATCB's Code of Professional Practice

Penny Orr, PhD, ATR-BC Director

The ad hoc committee charged with the review of and preliminary revisions to ATCB's Code of Professional Practice has been hard at work in an effort to bring our ethics document up-to-date. Because the Code of Professional Practice affects all of ATCB's credential holders we feel that a regular progress report is in order.

Over the past year, the committee has edited the Code of Professional Practice document for clarity and language use and has added information pertinent to the newly added credential for supervisors (Art Therapy Credentialed Supervisor/ ATCS). Currently the committee is comparing the ATCB Code of Professional Practice document with those of closely allied professions. The committee is reviewing the ethics documents of the American Counseling Association, the American Art Therapy Association, and the National Board for Certified Counselors to ensure that ATCB has addressed all key areas for the professional practice of art therapy.

The review and revision process is due to be completed by the fall of 2009. The revised ATCB Code of Professional Practice will appear on our Web site for a comment period before it is finalized and submitted to the Board of Directors for approval. ATCB encourages comments on these revisions from our credential holders, so be on the lookout for email notifications this fall.

# ATCB Investment Committee Up and Running

Stephanie Wise, ATR-BC ATCB Director

As a newly elected member of the Board of Directors of ATCB, I have taken on the responsibility of chairing the Investments Committee. This committee oversees the investment strategies for ATCB funds. Although there is committee overlap with members of the Finance Committee, the Investment Committee stands separately in its goal to provide sound oversight in our investment positioning to assure the most appropriate asset management strategies are in place to maximize our financial welfare and growth for the future. Input from all members of the ATCB Board of Directors is invaluable as we determine how to protect the assets and achieve the financial needs of the organization.

It is no news that we are all living in volatile financial times. After meeting as a Board with our Investment Manager, Charles D. Little, from Primerica, we gained a clearer understanding of options and overall strategies for our funds as we move forward. Based upon our needs as an organization, our annual income flow and our investment holdings, an overarching financial position was derived for the subsequent year. The bottom line is "Do not put all your eggs in one basket."

Diversification is the key to planning how we carefully protect and grow our monies. Approximately half of our investments have been allocated in Government Funds which, remarkably, actually made money for us during this entire down market. We have invested another third in staggered Certificates of Deposit to maximize the varying interest rates and safety of these instruments. We maintain a bit less than a third of our money in an interest bearing checking account as we have a number of large expenses which will need capitalization (Job Analysis, management costs etc). We will determine what portion of these monies will be directly financed by our liquid holdings and which projects will be financed through long term investing strategies. Our plan is to begin utilizing dollar cost averaging, a strategy whereby a smaller sum of money is invested monthly into 2 or 3 conservative income fund accounts. This approach tends to weather the ups and downs of a volatile market over time – the key being to take a long range view of investing.

ATCB is in very good shape financially thanks to the wisdom of those who have been directly involved in making sure that fiscally sound policies have been in place these past years.

# VISIT www.atcb.org TO FIND

- A listing of current ATRs and ATR-BCs by state
- Information about ATCB's Board of Directors
- Code of Professional Practice
- Complete appplications
  for the ATR and ATR-BC
- ATCBE Study Guide
- Recertification
  Standards
- Continuing Education
  Tracking Form

## WEB UPDATE

The following items have recently been added to the ATCB Web site:

- Application for Temporary
  Inactive Status
- Application for Retired Status
- Application for Education Pre-review



ATCB's national office staff members participated in the April Board of Director's meeting in Greensboro, NC. Pictured above from right to left are Kathleen Goins, Application Specialist; Shawn O'Brien, Vice President of CCE; Rita Maloy, ATCB Executive Director, and Monique Boyd, Director of Financial Services.

#### New ATR-BCs December 1, 2008- April 30, 2009

Theresa Adamchik Stephanie Allen Jennifer Alward Donella Arrow Lauren Antonacci Krista Bebezas Andrea Brandom Meghan Breitzmann Erin Brindle Jessica Butler Sara Campanella Jessica Charkow Samantha Cohen **Denise** Cooper Jaime Correia Erin Costanza Abbien Crowley **Rebecca** Darling Deborah Del Signore Jessica Detlefsen Cheryl Dury Lauren Edelstein Carrie Elder Brenda Elfgen Mei-Chi Fang Katherine Ferrier Haley Fox Gail Freed Melanie Gardner Lori Goetz Kathleen Harwell MacIntyre Rebecca Irmen Lucia Kleine Kathy Kravits Margaret Krone Jo Mazza Lagattuta Lori Lamont Kristin Langley Lindsay Lederman Cara Levitt

Evie (Yvonne) Lindemann Erika Loseman Catherine MacDonald Heather Mayone Mindi Moore Laura Nappi Rory O'Neill Haley Owenson **Pauline** Pappas Sara Patten Carissa Pintar Rebecca Rangel Natasha Reitz Jennifer Reynolds Marika Richards Sondra Rosenberg Jennifer Ross Ezekiel Eric Rothman Jill Scheibler Erica Schwartz Tzipora Silberman Amber Smith Tara Sorgi Jessica Stilla Jennifer Tedesco Yvette Tolbert Heidi Tournoux-Hanshaw Maiko Toyoda Karen Vaden Carrie Vall Christina Vasquez Kristen Vesbach Anne Warren Sara Windrem **Robin Wolfington Rachel Yahes** Jessica Zapotechne Jennifer Ziegler

#### Upcoming Examination Locations

Hartford, CT Detroit, MI Dallas, TX Atlanta, GA Portland, OR

# November 21, 2009

#### New ATRs December 1, 2008- April 30, 2009

Brenda Abrahamson Christina Anderson Jessica Bayas Christopher Belkofer Rochelle Bloom Megan Brady Matthew Broad James Bulosan **Renee Bures** Jennifer Byxbee Kathryn Carden Stacy Carroll Mary Cochran Rafael Cohen Kim Colline Caroline Coreno Fabia D'Amore-Krug Stacey DeForrest Stacev Dirzuweit Melanie Dolat Sarah Eksten Veronica Flares Mary Forsberg Stacey Frymier Danielle Gagnon Morgan Gaydas Laura Geiger Kristina Gmutza Carrie Goldberg Angela Hardy Teresa Harris Margaret Hartsook Shalene Hatton **Beth Hauck** Courtney Held Chloe Hodgson Abigail Houston Lindsay Hurtt Laura Jacob Susanah Keel Jessica Kindig Sharon King Eric Kingsbury

Erin Kuechler Lindsay Lederman Oh Jin Lee Kate Loree Frederica Malone Marci Mathew Susie McGaughey Jane McKelvev Nazneen Meacham Amity Moncrief Rebecca Nice Susan Owens Jennifer Padden Eun Sun Park Laura Peroutka **Dove Phillips** Victoria Prisco Lisa Prives Rebecca Prusko Pedro Ouirino Marika Richards Sarah Roff Mindy Rosengarten Kristen Rudy Marianne Schmeling KathleenSchultz-Baumann Katherine Schwartz Nicole Stiver Jacqueline Tabb Mie Tamura CharleneTaylor Jennifer Tedesco Lee Ann Thill Geoffrey Thompson Robert Trombetta Heartsong Turnbull Lindsay Tyson Denise Walker Jamie Wasson Olivia Weber Alison Wood **Rachel Yahes** 

#### **NCCA Accreditation: The Next Step**

Bill More, ATR-BC ATCB Secretary

ATCB is continuing to make progress on its decision to seek accreditation for the Board Certification process from the National Commission for Certifying Agencies (NCCA). At the Spring ATCB Board meeting the Board of Directors approved the timeline for completing the application process that was proposed by the ad hoc committee on NCCA Accreditation and is aiming to have an application filed by January 2011.

In April the Board of Directors approved a motion to contract with the Center for Credentialing & Education (CCE) to complete a thorough comparison of ATCB's credentialing program with the NCCA application requirements. CCE's findings will be presented to the Board at the Fall 2009 meeting. As part of the review, CCE will develop a cross-referencing grid to identify areas in the program that ATCB will need to adjust in order to align with the NCCA standards. CCE was chosen to conduct the review both for its knowledge of the BC examination, and for its success with receiving accreditation for certification processes.

In addition, the National Office has been directed to conduct a review of ATCB's Policies and Procedures for accuracy and consistency before we complete the process of making changes to the P&P that are indicated by the results of the program review. This P&P review is a standard exercise covered in ATCB's management contract. At its Fall Meeting, the Board will decide whether to further contract with CCE to help in making any adjustments needed to bring the certification process into compliance and to assist the ATCB in preparing the actual application which include organizing the documentation that will accompany the application, and preparing the documentation in the required PDF format.

The rationale for seeking NCCA accreditation of the BC bears repeating. Once the board certification process is accredited, the public and stakeholders, including employers, clients, and state licensing boards, will be assured that a Board Certified art therapist's professional competence has been assessed through an exam and a certification process that meet national standards. These standards cover the adequate setting of eligibility requirements for access to the certification, provision of a psychometrically valid exam (owned and managed by ATCB), and a best practices process for assuring the continued competency of the credential holder.

In upcoming issues of the ATCB Review, we will keep you informed of our progress in applying for NCCA accreditation.

#### **Best Practices**

#### Risk Management Strategies for Art Therapy Supervision

The following recommendations are intended to reflect best practices for all types of post-masters supervision – supervision for the ATR, professional practice supervision/consultation, and supervision-of-supervision for the ATCS credential.

Best practices recommendations are meant to clarify the supervisory relationship, provide safeguards for both the supervisor and supervisee, and minimize the risk of misunderstanding and/or malpractice. Best practices strategies are also intended to protect the public.

Best practices for supervision include but are not limited to a written contract for supervision signed by both the supervisor and supervisee.

At a minimum, the contract would include:

- The name and credential/license number(s) of the supervisor.
- The supervisors resume noting areas of competency.
- The schedule, location, and cost for supervision.
- If supervision is to be conducted in a group – group size would be defined.
- A statement about the confidential nature of the supervisory relationship and its limitations.
- A statement outlining the circumstances under which the supervision will be completed or terminated.
- A statement about the supervisor's

continued on page 7

#### ATCB Board of Directors and Committees 2009-2010

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PRESIDENT ELECT Deborah Good, Ph.D., ATR-BC Albuquerque, NM

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REGISTRATION STANDARDS CHAIR

Dana Elmendorf, ATR-BC Monroeville, PA

**EXECUTIVE DIRECTOR** Rita Maloy Greensboro, NC

#### **Risk Management Strategies for Art Therapy Supervision**

continued from page 6

theoretical orientation and the methods to be used in supervision (verbal, art making, role playing, etc.).

- It is helpful if the contract also outlines a number of specific goals for the supervisee to help focus the supervision for both supervisor and supervisee. In cases where distance/electronic supervision is being conducted, in addition to the above recommendations, best practices include but are not limited to:
- The client(s) awareness that distance/electronic supervision will take place and a signed attestation/release form(s) to that effect.
- The supervisor and supervisee are aware of any international/national/state regulations or guidelines pertaining to the practice of distance supervision.
- When the Internet is being used the supervisor and supervisee use encrypted software/secure servers to transfer written clinical material, audio/video recordings, artwork and other confidential information.
- The supervisor and supervisee are cautioned about the inherent security risks involved in the electronic transfer of materials that are intended to be confidential.

At a minimum, it is the responsibility of the supervisor to:

- Recognize the inherent power differential in the supervisory relationship and not engage in supervision for personal gain.
- Avoid offering supervision in areas of practice for which he/she lacks competencies.
- Avoid simultaneous dual/multiple relationships with the supervisee.
- Maintain a record reflecting the date, length, and general content of each supervisory session (clinical, theoretical, administrative, etc.).

At a minimum, the rights and responsibilities of the supervisee include:

- A full disclosure of the supervisor's competencies.
- A supervision session free of interruptions and/or distractions.
- A responsibility to verify the current credential/license status of the supervisor.

The Art Therapy Certified Supervisor (ATCS) application will be available on August 1, 2009.

Please check ATCB's Web site www.atcb.org, or call the National Office at 877.213.2822, after August 1 to obtain an application.