

Mission: To protect the public by promoting the competent and ethical practice of art therapy

A Message from Our President...



Dear Colleagues:

Welcome to the first online edition of the ATCB Review. We recognize that for some switching to a paperless newsletter is a godsend and that for others getting used to this new format will present a bit of a challenge. Going online with the newsletter serves two important functions. It is cost effective which allows our financial resources to support other projects that will further the mission of the ATCB. Also, once established, it will provide for speedier and more comprehensive communication between the ATCB Board and you - the credential holder.

If you have not already visited our newly designed Web site, please do so at www.atcb.org. We hope the new look and improved navigation will make using the site a pleasant and useful experience. Our thanks go to Past-President, Gayle Sutch for all her work with Brian Jacobs of Red Noodle on site development. ATCB Director Donna Betts and Executive Director, Kristi McCaskill will be responsible for regular updates and content editing.

There are several important features in this issue. It is not only a national election year – it's an ATCB election year as well. Qualified credential holders wishing to serve on the Board of Directors will be reviewed by the Nominating Committee in the creation of a slate that we will vote upon later in the year. Please refer to the announcement and procedures appearing inside this issue and do not hesitate to nominate yourself or another interested party.

For those ATR-BCs scheduled to recertify this year, we have provided a list of frequently asked questions about the process. We hope these tips, which will also be posted on our Web site, will assist you in the process of keeping your Board Certification current. Also, please remember that you can download a continuing education tracking form from the Web site to make the listing of your recertification activities and credits more convenient.

Please take special note of "Anita's Story of Hope" that outlines the current health crisis facing Anita Mester. Anita is known to many of you through her service to the art therapy community as an educator, mentor, legislative advocate, and superb clinician. Anita is an important member of the ATCB community as well having served for many years on our Board as a Director and ultimately President. Let's all pitch in to make Anita's story of hope a reality.

Terry Towne, ATR-BC
President, ATCB, Inc.

~ FEATURES ~

Message from Our President	1
Helpful tips on Recertification	2
Some Notes on the 2007 NOCA Conference	2
Anita's Story	3
ATCB Attendance at AASCB	3
New ATR-BCs	4
New ATRs	4
Announcements	5
Call for Nominations	7
Upcoming Exam Information	8

2008

It's An Election Year!

ATCB is looking for qualified candidates to serve on the Board of Directors.

Interested candidates should be current ATR-BCs who are dedicated to the protection of the public and promoting the competent and ethical practice of art therapy. Please see page 7 of this newsletter for the nomination form.

Helpful Tips on Recertification

If you are an ATR-BC in the fifth year of your certification, you should have received a recertification packet from the ATCB National Office. These packets were mailed to the addresses in the National Office records, so if you did not receive your information, please contact our office as soon as possible. The deadline for providing your recertification information is June 1, 2008.

For your reference, we are including some common recertification questions (and answers) below.

Frequently Asked Questions

- Q:** How often do I recertify (submit list of continuing education credits)?
- A:** ATR-BCs must complete recertification every five (5) years. ATR-BCs are encouraged to maintain a record of all continuing education credits (CECs).
- Q:** What is the process of recertification?
- A:** Certification materials will be mailed to you from the ATCB National Office 90 days prior to your recertification date. The packet contains information on how to complete the forms. Completed materials should be returned to the ATCB National Office by June 1 of your recertification year.
- Q:** How much does it cost to recertify?
- A:** The cost of recertification becomes included in your yearly maintenance renewal. Before recertification, your yearly maintenance fee is \$50 for AATA members and \$100 for non-AATA members. Once you recertify, your yearly fee becomes \$70 for AATA members and \$120 for non-AATA members.
- Q:** What happens if I do not maintain my ATR credential?
- A:** In order to apply for Board Certification (the ATR-BC), you must first successfully complete the ATR application process. ATR-BCs must maintain the ATR credential in order to be able to continue to use the ATR-BC.
- Q:** What happens if I do not successfully complete recertification standards?
- A:** You may not use the ATR-BC designation. ATR-BCs who do not complete the required CECs may reapply for board certification. (This requires a new application, fee, and successful completion of the Art Therapy Certification Board Exam.)
- Q:** What kinds of activities are considered continuing education that will count for recertification?
- A:** The Recertification Standards clearly describe what can be used for recertification and how much credit each activity may count. These are mailed to certificants with a copy of the certificate and wallet card; however, if you need another copy, they are posted on our Web site at www.atcb.org.
- Q:** Providing post-master's supervision is not listed in the ATCB recertification standards; can I earn credit for it?
- A:** No. The ATCB does not provide CECs for providing supervision to potential credential holders.

Some Notes on the 2007 NOCA Conference

Tom Hartsell, ATCB Public Member

As the ATCB Board's only non art therapist and one who was not attending the AATA Conference I was dispatched to San Antonio, Texas for the National Organization of Competency Assurance (NOCA) Annual Educational Conference held on November 14-17, 2007. The title for the conference was "Exploring New Frontiers in Credentialing" and I was directed to attend the following two presentations:



"Is Euthanasia the Answer for Your Credential?"

Lenora Knapp, PhD, Cynthia Hane, FACHE, Christina Foster, MBA, SPHR, David Paulson, PhD

"International Testing – Potential Pitfalls in Paper & Pencil Testing"

Marlene Dunham, Don Sorenson

Since I have been on the ATCB Board of Directors, there has been ongoing examination and discussion of the organization's credentials in order to assure their relevance and viability. This is a critical function of the Board of Directors but it should also be something every credential holder is cognizant of and concerned with. While attending the NOCA Conference, I learned that a third of "certifiers" have had to discontinue a credential, or are considering it. Before a decision is made to discontinue a credential a strong effort should be made to identify ways to maintain and improve the credential. The ATCB Board is actively engaged in this work and welcomes any ideas credential holders may have to improve our credentials. I believe the ATR and ATR-BC are strong, relevant and viable credentials today but there is no guarantee that they will remain so. Every art therapist has a vested interest in working to improve them. The recent job analysis is a specific example of

continued on page 6

continued on page 6

ANITA'S STORY:

In place of the credential holder profile which has been a regular feature of the ATCB Review, we want to draw your attention to the health crisis of our wonderful colleague and ATCB Past-President, Anita Mester. Those of you who know Anita are aware of her dedication to the profession of art therapy and her willingness to go the extra mile as an art therapy educator and advocate, a seasoned clinician, and good friend. We hope that you will read "Anita's Story of Hope" and be moved to help out in whatever way you are able...



Anita Mester of Mesquite, TX, is awaiting a stem cell transplant and desperately needs the help of family friends and the community. Anita has battled aplastic anemia for years. Recently Anita was diagnosed with myelodysplastic syndrome and acute myeloid leukemia. Her only medical option is transplantation.

Doctors at UT Southwestern Medical Center of Dallas, TX, have determined that Anita is a candidate for a stem cell transplant. Substantial uninsured costs including donor identification and stem cell acquisition, healthcare deductibles, co-payments, and immunosuppressant medications are

anticipated. Like many two income families, Anita's inability to work has affected the family's ability to meet ordinary life expenses, including college costs for their freshman son, Stephen. Hence, fundraising for transplantation-related expenses is essential to the success of Anita's struggle. This is where your help is needed.

A fundraising campaign has been established with the National Transplant Assistance Fund (NTAF) in honor of Anita. NTAF is a nonprofit 501(c)(3) organization that has been assisting the transplant community for over twenty years. All contributions are administered by NTAF exclusively for uninsured transplant-related expenses. Donations are tax deductible to the full extent of the law. To make a charitable contribution:

Make checks payable to: NTAF South Central Stem Cell Transplant Fund

Note in memo section: In Honor of Anita Mester

Mail to: National Transplant Assistance Fund
150 N. Radnor Chester Road, Suite F-120
Radnor, PA 19087

To make a credit card contribution, please call 800-642-8399 or visit www.transplantfund.org.

Family and friends are planning a series of community events to benefit this cause. We can use your time, energy, and creativity in any and every way. Please call or e-mail one of us below with any questions, to volunteer your time or to request additional information.

Thank you in advance for your kind consideration.

Debbie Clark	Pamela Mester	Pam Wohead	Jean/Jim Scott
214-319-0002	972-669-8437	972-226-6777	214-824-1645
rdjc@swbell.net	PKM13@tx.rr.com	pwohead@tx.rr.com	jimbobscott@sbcglobal.net

Contributions are tax-deductible to the extent allowed by the law. This campaign is administered by the National Transplant Assistance Fund, a 501(c)(3) nonprofit providing fundraising assistance to transplant and catastrophic injury patients. Information: 800-643-8399.

ATCB Attendance at AASCB

Terry Towne, ATCB President

Debbie Good, ATCB President-Elect

We were pleased to attend and proud to sponsor daily breakfasts at the January 2008 meeting of the American Association of State Counseling Boards (AASCB) in New Orleans. ATCB has been an organizational affiliate of AASCB since 2002. The conference was attended by counseling board members from over 20 states and a number of other organizational affiliates – most notably the American Counseling Association (ACA), the Council on the Accreditation of Counseling and Related Educational Programs (CACREP), a number of representatives from the rehabilitation counseling sector, and the American Dance Therapy Association. Joan Phillips, President-Elect of AATA was their official representative. Barbara Herlihy, who some of you might recognize as a prolific author on the topic of mental health ethics, was a keynote speaker as was Charles Figley who presented on traumatology.

A majority of conference presentations focused on ethics and supervision issues including the issue of distance / electronic forms of supervision. ATCB shares these concerns with the counseling profession and the conference provided for a lively exchange of ideas and strategies.

One concern that we came away with, however, is around the trend in the counseling arena to promote more restrictive language in state statutes. This trend was highlighted in a luncheon presentation given by Past-President, Barry Mascari (NJ). Barry listed as the #1 threat to the counseling profession the continued inclusion of the phrase "...and other related professions" by CACREP and state regulatory bodies. Because many art therapists are licensed as professional counselors, more restrictive language could present a problem. ATCB will continue to monitor this trend and dialogue with state regulators about the requirements for credentialing in our profession.

New ATR-BCs

September 1, 2007- February 15, 2008

Carolyn Adessa	Briana MacWilliam
Samantha Alexander	Nina Makhija
Julia Andersen	Melissa McIntosh
Paula Artac	Meghan McQuaide
Kate Barrett	Lina Claire Meza
Emily Bermudez	Andrea Mooney
Annette Bonomo	Christopher Morrett
Sarah Busch	Amy Nadler
Deirdre Cogan	Tracylynn Navarro
Catherine Deyak	Sojung Park
Jill Dibbern Manhart	Saadia Parvez
Kimberly Dunn	Patricia Prugh
Cassandra Dyer	Katherine Pruitt
Sivan Eisen	Donna Radl
Lorraine Feber	Melody Rice
Jennifer Finley	Donnielle Rome
Danielle Fischbach	Azita Sachmechian
Kathryn Forman	Mariko Saito
Holly Gannon	Mariah Scalise
Karen Gibbons	Kimberly Scharfglass
Gustavo Gonzalez	Mary Schexnaydre
Gabrielle Grimaldi	Constance Schwartz
Cathlyn Hahn	Nakyung Shin
Joanne Hamilton	Roberta Shoemaker-Beal
Haesung Han	Miriam Stanley
Kelly Henckel	Amanda Steerman
Nicole Holohan	Sairalyn Thong
Teresa Holtgraves	Saudia Wadud
Lisa Hoy	Shannon Waters
Gretchen Hurlbut	Dana Whiddon
Leslie Jones	Laura Wise
Charlotte Kaplan	Teresa Ann Zaiger
David Kelley	
Candice Kessler	
Rebecca Kirschner	
Kelley Kuchinov	
Marjorie Kulseth	
Ellenita Lee	
Kelley Linhardt	

New ATRs

September 1, 2007- February 15, 2008

Stephanie Allen	Itala Langmar	Gisele Spengler
Sanie Joe Andres	Carolyn Lewis	Ilene Sperling
Angela Barrios-Lucero	Deborah Little Bear	Ruth Subrin
Mary Bilik	Laurie Lopez	Terry Talsky
Janet Bond	Rachel LordKenaga	Angeliina Tautz
Andrea Brandom	Maria Lupo	Eleanor Tromey
Felicia Brooks	Katherine Malek	Christina Vasquez
Allyson Bush	Allison Masters	Karen Viggiani
Jessica Butler	Kelly McCarthy	Claire Waskom
Monica Capezza	Maggie McLain	Rebecca Watkins-Guion
Jessica Charkow	Carol Miles	Chloe Westelmajer
Shyueying Chiang	Elisheva Moch	Phoebe Whisnant
Abigail Chodosh	Donna Montilli	Jessica Whitesel
Dixie Ciccarelli	Kathleen Morgan	Martie Wielgus-Negri
Michael Clark	Elizabeth Nagy	Janell Yanik
Erin Costanza	Valerie Newman	
Ashley Countryman	Haley Owenson	
Lisa Cuedek	Susan Paley	
Camille Cunningham	Ellen Panagiotopoulos	
Theresa Dausch	Gretchen Pangilinan	
Delaine Due	Pauline Pappas	
Kathryn Dunn	Seugsook Park	
Lauren Edelstein	Linda Powers	
Beth Erlander	Marie Ragona	
Kimberly Faulkner	Melanie Ray	
Lariza Fenner	Angela Ritacca-Loven-guth	
Katherine Ferrier	Robin Rittinger	
Jasmine Finberg	Leslie Robertson	
Melisa Forman	Maria Romani de Goes	
Gail Freed	Jennifer Ross	
Ju-Yi Fu	Ezekiel Eric Rothman	
Julie Gant	Sara Rothstein	
Karen Gibbons	Hillary Saltzman	
Dina Hamaoui	Tracy Sarvas	
Emily Hearn	Sheri Senk	
Teresa Henson	Ann Shepardson	
Joseph Jaworek	Lisette Soini	
Karen Karpick	Tara Sorgi	
Min Kyung Kwon		

VISIT

www.atcb.org

TO FIND

- A listing of current ATRs and ATR-BCs by state
- Information about ATCB's Board of Directors
- Guide for Students
- Code of Professional Practice
- Complete applications for the ATR and ATR-BC
- Recertification Standards
- Guide for Employers
- Upcoming Exam Dates
- Continuing Education Tracking Form



Stay in the ATCB Loop

Are you feeling out of touch or disconnected from the ATCB? Have you moved recently or do you have a new internet provider? Help us keep you in the loop by making sure that the ATCB office has your current contact information – address, phone, and e-mail!

ATCB CELEBRATES 15 YEARS

MILESTONES IN ATCB HISTORY

FEBRUARY 1993

ATCB bylaws are approved

NOVEMBER 1994

First certification exam is given in Chicago, IL

JANUARY 1997

ATCB joins NOCA

APRIL 2000

Code of Professional Practice created

APRIL 2002

ATCB joins AASCB

AUGUST 2005

AATA-ATCB Memo of Understanding created

FEBRUARY 2008

Current credentials number reaches over 4,045

ATCB BOARD PRESIDENTS

Terry Towne, 2008

Gayle Sutch, 2006-2007

Anita Mester, 2004-2005

Joan Phillips, 2000-2003

Janet Eskridge, 2000

Richard Carolan, 1996

Nancy Hall, 1993-1996

Barbara Fish, 1992-1993

Questions: continued from page 2

- Q:** How should materials be submitted?
- A:** All recertification materials should be submitted in one packet. Your completed form should be easy to read (print or type). It is also a good idea to make sure your name and ATR number is listed on each page (including supplemental documentation). You are strongly encouraged to maintain a copy for your records.
- Q:** Am I required to provide supplemental documentation (copies of certificates, etc)?
- A:** Only those ATR-BCs randomly selected for “audit” are required to provide the supplemental information. (Acceptable forms of supplemental documentation are outlined in the recertification standards.) ATR-BCs randomly selected for audit will receive a different recertification packet.
- Q:** Am I required to document CECs in ethics?
- A:** Yes, ATCB has an ethics requirement for recertification. It effects those recertification periods beginning ON or AFTER July 1, 2006. ATR-BCs who are in the middle of their recertification period do not have to fulfill the 6 hours until their NEXT recertification period.
- Q:** If I teach a specific course several times during a recertification cycle, can I count it more than once?
- A:** No, the recertification standards state that a course may only count once during a particular recertification cycle.
- Q:** I am taking a course to improve my artistic technique; can this be used to recertify my ATR-BC certification?
- A:** No, studio art technique courses do not count. The ATCB recognizes the importance of continued art skill development; however, the purpose of recertification is the continued development of your skills as a therapist.
- Q:** Is there a limit on the number of juried art shows that I can use during a specific recertification cycle?
- A:** Yes, for those recertification cycles starting after July 1, 2008, the number of approved art shows that an ATR-BC may document is limited to two shows or 20 credits per recertification cycle.
- Q:** What is the best way to prepare for recertification?
- A:** First, it is your responsibility to make sure ATCB has your current contact information. Not only does this help facilitate communications, it will help assure that you receive updates from ATCB. Next, we recommend that you maintain a file of all CECs completed as well as any supplemental documentation such as certificates. A CEC tracking form can be downloaded from the ATCB Web site at www.atcb.org.
- Q:** Is there someone I can talk to if I have any questions regarding the recertification process?
- A:** You may call the ATCB National Office at 877-213-2822 (toll free).

Notes: continued from page 2

the Board’s efforts in this regard and the input from credential holders was crucial to its success.

There has also been continuing discussion and interest in international credentialing during my board service. The presentation I attended on this subject indicated it can be very rewarding to a credentialing body and can further strengthen the credential for its US certificants. There are some significant logistical issues that have to be addressed. There are costs for translation of exams and shipping of the exam to international testing sights. Because of customs delays, exams must be shipped well in advance of the exam dates. Identifying secure and competent testing proctors and locations for the first time can be difficult. The increased costs are significant and must be carefully weighed before instituting an international exam and credential. Fortunately there are several experienced testing consultants who can be retained to assist and guide a credentialing organization in taking their exam and credential to the world.

One of the more interesting presentations I sat in on was entitled “Interviewing Techniques: What to Ask and How to Ask It”. The presenter, Mike Ferjak, conducts investigations for regulatory authorities, and had some very easy suggestions anyone can employ in order to get the most truthful and useful information from a person being interviewed. He stressed that it is critical to establish rapport with the interviewee by giving the impression of fairness, integrity and objectivity. This can be done by being approachable, respectful, considerate, interested in the person, non judgmental and confident. Use the person’s name and ask open-ended questions. Just as important is to listen effectively and intently. Focusing on the interviewee’s demeanor and body language and not just his or her words will help guide your questioning. Only after allowing the interviewee to respond to the open-ended questions to which you have intently listened to do you follow up with direct questions. Mr. Ferjak further advised to respect a person’s personal space and to retain at least one arm’s length distance, stay seated, still and refrain from drinking or smoking.

Call for Nominations

The ATCB Nominating Committee seeks interested and qualified nominees for the ATCB Board of Directors for a two year term. Applicants will be considered for two positions on the Board. The deadline for receipt of nominations is June 24, 2008.

You may submit your name or a colleague's name for consideration as a nominee. The following instructions and guidelines are provided to help you with your submission.

1. When submitting the name of a colleague (or your name):
 - a. Obtain the nominee's consent.
 - b. Complete the bottom of this page and mail it to the ATCB National Office. Based on the information you provide, a nomination application will be sent.
 - c. Make sure that the nomination form arrives by June 24, 2008.

2. Keep the following criteria in mind when considering individuals for nomination.
 - a. Only current ATR-BCs may be considered.
 - b. Nominees must be available and willing to serve for two years.
 - c. Prior experience on an ATCB or AATA board, committee, or special project is preferred.
 - d. To avoid potential conflicts of interest, elected Board members cannot serve concurrently on the following AATA committees:
 - Education Committee
 - Education Program Approval Board
 - Ethics Committee
 - Finance Committee
 - Nominating Committee

Please print.

Nominee's Name: _____ ATR-BC# _____

Nominated By: _____ ATR or ATR-BC# _____

Nominee's Address: _____

Nominee's Phone #: (_____) _____

I am nominating this individual because: _____

Completed Nomination Forms should be mailed to:

ATCB
 3 Terrace Way
 Greensboro, NC 27403

ATCB Board of Directors and Committees 2008-2009

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Twentynine Palms, CA

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Lancaster, PA

EXECUTIVE DIRECTOR

Kristi McCaskill
Greensboro, NC

UPCOMING EXAMINATION DATES

CITY	DATE
Philadelphia, PA	November 22, 2008
Jacksonville, FL	November 22, 2008
Cleveland, OH	November 22, 2008
Sacramento, CA	November 22, 2008
Austin, TX	November 22, 2008

Completed Applications
must be **received** by
OCTOBER 1, 2008