FALL 2009

ATCB Mission: To protect the public by promoting the competent and ethical practice of art therapy

A Message from the ATCB President...



It hardly seems possible that my term as President of the ATCB topping off seven years of service to the Board of Directors will be drawing to a close at the end of 2009. It has been one of the most productive and rewarding volunteer experiences of my professional life. I hope it will prove to be the same for our three newly appointed directors who are profiled in this issue. Libby Schmanke, Debra Paskind and Susan Ainlay Anand will begin two-year terms on January 1, 2010. They bring their enthusiasm for the credentialing process and the ATCB

mission along with a wealth of experience and individual expertise to the Board of Directors. Congratulations to them and to Penny Orr who was re-appointed earlier in the year.

Applications for the Art Therapy Certified Supervisor (ATCS) credential are now available! You may download a copy from the ATCB website (www.atcb. org) or request one by calling the National Office. We are excited about the early interest shown in this credential. By offering the ATCS, ATCB joins other mental health professions who recognize that supervision is a specialize area of healthcare practice. We believe that those electing to pursue this credential are sending a signal to their supervisors, employers, and the public that they possess both the experience and training to provide competent and ethical supervision.

Please note the updates provided in this newsletter in the following areas: the review and revision of the ATCB Code of Professional Practice, progress on ATCB's NCCA application, and the vision of ATCB for art therapy credentialing internationally. Our review and revision of the ATCB Code of Professional Practice is moving towards completion. Ad Hoc Committee Chairpersons Penny Orr, Bill More and Stephanie Wise provide valuable updates on these activities.

The ATCB will be well represented at this year's annual conference of the American Art Therapy Association (AATA). We congratulate AATA in celebrating its 40th anniversary – quite an achievement and a cause for celebration! This year, in addition to our booth in the exhibit area, the ATCB has underwritten the cost of conference badge lanyards. We hope that everyone attending the conference in Dallas will take a moment to stop by the ATCB booth to say hello, get answers to your credentialing questions, and pick up some goodies.

Picking up a thread from my first paragraph, I'd like to encourage each of you to examine your commitments and, if you have the time, offer to serve on an ATCB committee or consider running for the Board of Directors in the 2010 election. The work is challenging, the atmosphere is collegial and, if your experience is anything like mine has been, you won't regret, for a minute, making a contribution to "promoting the competent and ethical practice of art therapy."

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Stay in the ATCB Loop

Are you feeling out of touch or disconnected from the ATCB? Have you moved recently or do you have a new e-mail address? If you are an ATR or ATR-BC and have not received correspondence from us recently, contact the ATCB National Office to make sure we have your current contact information! atcb@nbcc.org

Respectfully, Terry Towne, ATR-BC

Art Therapy Certified Supervisor (ATCS) Application Now Available

The Art Therapy Certified Supervisor (ATCS) application is now available on ATCB's Web site. The ATCS is offered to qualified ATR-BCs who are able to demonstrate substantial supervision experience. Obtaining the ATCS provides evidence to supervisees, employers and the pubic that the individual has the education, knowledge, and skills needed to provide quality supervision to other art therapists who may be developing their clinical skills or practitioners seeking consultation. Like all of ATCB's credentials, the ATCS is voluntary.

Over several years, ATCB consulted with professionals within the field and from related disciplines who verified the need to establish standards for supervision and proceed with the supervision credential development process. These discussions made it clear that a supervision credential would support efforts toward establishing parity with other mental health professions while concurrently differentiating art therapy from related professions. Maintaining standards for art therapy supervisors also supports ATCB's mission to "protect the public through the competent and ethical practice of art therapy."

The basic application process for the ATCS requires that an art therapy supervisor must:

- 1) have been a Board Certified Art Therapist (ATR-BC) whose credential has been in active status for a minimum of 24 months prior to applying;
- 2) have completed a 3 semester hour or 4.5 quarter hour graduate course in clinical supervision at a regionally or nationally accredited education institution (or 35 continuing education credits that meet ATCB's recertification standards, in the area of clinical supervision, including supervision of art therapists);
- 3) provide letters of endorsement from current ATR-BCs attesting to the applicant's supervisory competency;
- 4) be able to provide verification through a supervisor of having provided a minimum of 100 hours of clinical supervision of developing art therapists;
- 5) be able to provide verification through a supervisor of having received a minimum of 20 hours of clinical supervision of supervision provided to developing art therapists;
- 6) present a professional disclosure statement that is appropriate for distribution to supervisees and includes information specified in the ATCS application.

Alternate entry requirements are available for two groups of art therapy supervisors:

- 1) those who can document a minimum of 3 years and 500 hours of experience as a clinical supervisor to developing art therapists providing art therapy services, including those who provide supervision in an academic setting as part of an AATA approved master's program; and
- 2) those who hold a national or state credential in clinical supervision through established and well-reputed organizations.

Maintenance of the ATCS includes accrual of 10 hours of continuing education based upon clinical supervision theories and techniques during the five-year ATR-BC recertification process. As with the ATR and the ATR-BC, continued certification is subject to compliance with the ATCB Code of Professional Practice.

For more information about the ATCS application process, visit ATCB's Web site or contact the National Office.

New Appointments to Board of Directors

Three new appointees to the ATCB Board of Directors will begin serving on January 1, 2010. Susan Ainlay Anand, Debra Paskind, and Libby Schmanke will serve through December 31, 2011. At that time they may be considered for re-appointment.



Susan Ainlay Anand, ATR-BC joined the faculty in the Department of Psychiatry at the University of Mississippi Medical Center in 1987 after receiving her MA in Art Therapy from New York University. Her clinical interests relate to art therapy of medically ill and psychiatric patients. She has published accounts of this work in the literature.

Susan also provides art therapy services to Catholic Charities, Inc. and the Hederman Cancer Center in Jackson. She has been a member of the Nominating, Program, Scholarship, and Honors Committees for AATA. For six years, she served as State Liaison for the Governmental Affairs Committee and is a past chair of AATA's Nominating Committee.

On the state level, Susan serves as chair of the GAC and Program Committee for the Mississippi Art Therapy Association (of which she was the founding president). She was instrumental in achieving legislation to license the *(continued on page 4, see Susan Anand)*



Debra Paskind, ATR-BC, has worked in a variety of clinical settings and is currently an art therapy educator for the Adler School of Professional Psychology in Chicago. At Adler, she advises students, acts as liaison for the development of practicum sites and the placement of students for clinical training, facilitates the Art Therapy Student Association, and assists with long-range planning for the art therapy program.

Debra's clinical experience includes seven years providing art therapy services to children and youth in residential care and in a group home at Rice Child and Family Services in Evanston, and eleven years with the Illinois Department of Mental Health and Developmental Disabilities where she worked with acutely ill psychiatric in-patients.

Debra has taught in two masters programs and a program designed for professionals in allied fields interested in learning about art therapy. As a member of the art (continued on page 4, see Debra Paskind)



Libby Schmanke, ATR-BC, enjoys an active teaching career. Since 2002, she has held a half-time faculty position in the graduate art therapy program of Emporia State University. In addition, she teaches an undergraduate course in art therapy at Washburn University in Topeka, and a class on Creativity and Aging for the Osher Institute at the University of Kansas.

Libby has a private practice in art therapy and art studio, Art & Insight, in Lawrence. She specializes in working with women who are resolving childhood abuse issues and adolescent girls with anxiety or adjustment issues. Libby also provides weekly creative groups, art exploration workshops and ATR supervision. In partnership with a local nonprofit, she provides art therapy at Haskell Indian Nations University.

Prior to earning her master's in art therapy, Libby had a 14-year career in substance abuse counseling and program administration, and maintains her *(continued on page 4, see Libby Schmanke)*



ATCB President Terry Towne meets with Korean Art Therapy Association (KATA) leaders and Yeungnam University professors during her May 2009 workshop on Child Art Therapy offered in Daegu, South Korea. The workshop was attended by over 125 participants and talks between KATA officials and President Towne centered around how KATA and ATCB might collaborate on credentialing for South Korea's many art therapists. *Pictured from left to right are: Yung-Sook Jun, Wae-Sun Choi, Terry Towne, Gap-Sook Kim and Mi-Ok Lee.*

New Appointments (continued from page 3

Susan Anand (continued from page 3) profession of art therapy in Mississippi. Susan conducts training workshops both locally and nationally and frequently travels to India to visit her family.

Susan's interest in serving on the ATCB is tied to her first-hand experience of achieving licensure for art therapists in her state. ATCB's registration and board certification credentials provided the necessary standards required for licensure and are used by the state of Mississippi to protect consumers of art therapy services, establish minimum qualifications for Professional Art Therapists, and create exclusive titles for individuals who wish to perform art therapy services.

Debra Paskind (continued from page 3) therapy faculty at Adler,
Debra states that "the reputation of the ATCB and the process for receiving and maintaining our credentials are the recognized standard."

As a member and past-president of the Illinois Art Therapy Association, Debra has "been aware of the positive influence of the Art Therapy Credentials Board on practitioners and employers over the years." Debra appreciates the strides that ATCB and the profession have made and is happy to be actively involved in the organization's next steps.

Libby Schmanke (continued from page 3) substance abuse counselor certification. She is a lifelong artist and exhibits regularly in the Lawrence area. Libby is active in the Kansas Art Therapy Association, and has given scores of presentations about art therapy, locally and at the AATA conferences.

Libby served on the ATCB Certification Committee for the past five years, the last two of those as chairperson. She highly values the art therapy registration and board certification credentialing as indicators of achievement and distinction in our unique profession.

NCC Accreditation Update:

Bill More, ATR-BC ATCB Secretary

The work of seeking accreditation for ATCB's board certification program by the National Commission for Certifying Agencies (NCCA) has continued over the spring and summer with several tasks slated for completion in late summer/early fall.

The National Office review of ATCB Policies and Procedures is scheduled to be completed by the end of August. This review has highlighted a number of inconsistencies in terms used in the P&P that, when corrected, will make this document more cohesive. The review has also determined the need for a glossary of terms to be included as part of the P&P. The Policy and Procedures Committee has also been working on content consistency in the P&P and along with the National Office.

Libby Schmanke, Certification Committee Chairperson is working with Board Liaison, David Gussak, to review all documents about the certification process for consistency. One piece of this task is to determine one formal title for the BC examination. Doing this will help avoid confusion among stakeholders including applicants for Board Certification and those art therapists who take the art therapy BC examination for state licensure.

Over the summer, the ATCB signed a contract with the Center for Credentialing and Education (CCE) to complete a thorough review of the credentialing program. This review will identify areas in which the ATCB will need to make adjustments in order to align with NCCA Standards. As reported in the last issue of the ATCB Review, CCE was chosen for this task both for its knowledge of the BC examination, and for its success with receiving accreditation for certification processes. CCE will issue a preliminary report for review by the ATCB Board of Directors at its Fall meeting in late October. The final report is due in November.

At the Fall 2009 Board of Directors meeting the Ad Hoc Committee on NCCA Accreditation will review the progress of our accreditation process and if necessary, suggest updates to the application timeline established at the Spring 2009 Board meeting. At the time of this writing, we are on track for a January 2011 filing of the accreditation application. Look for updates from the Ad Hoc Committee in future issues of the Review to check on our progress.

CONGRATULATIONS TO THE AMERICAN ART THERAPY ASSOCIATION ON ITS 40TH ANNIVERSARY

International Credentialing Initiative

Stephanie Wise, ATR-BC Director

At its Spring Board of Directors Meeting, the ATCB established an Ad Hoc Committee on International Credentialing. The charge of this committee will be to develop an international credentialing initiative based upon the concept that ATCB seeks to promote high standards of competence in the practice of art therapy worldwide. One of the goals of the committee will be to develop partnerships with foreign entities that wish to set and maintain standards of excellence for the practice of art therapy in their area.

An effort of this kind has been under discussion for more than a year and culminated in the Board inviting Dr. Thomas Clawson. President and CEO of the National Board of Certified Counselors, to provide a presentation on that organization's international credentialing arm (NBCC-I) at the Fall 2008 Board Meeting in Dallas. Dr. Clawson explained that any international effort must begin with a set of ideals that are sensitive to the diverse levels of training available in any given location - therefore, by nature, the process of developing international credentialing is not a "one size fits all" proposition.

The first task of the Ad Hoc Committee will be to draft an initiative statement that outlines ATCB's rationale for and intention to assist in strengthening of art therapy practice worldwide. We hope to attract the interest of American art therapists who have had international experience to work with the committee. If you are interested in lending your experience to this effort, please contact ATCB's National Office. We will certainly keep everyone posted on our progress as we venture to expand the professionalism of our discipline.

Congratulations to Our New Credential Holders

May 1, 2009 - September 30, 2009

New ATRs

Lauren Abric Gabriela Acosta Maria Regina Alfonso Barbra Allen Jessica Angle Mindy Atkin Cheryl Austin Jennifer Bald Lesli-Ann Belnavis Jennifer Bodden Rebecca Boraz Elizabeth Brandolini Sarah Brodie Susan Brown Montana Brown Lori Brown **Evelyn Cabrejos** Leon Cannon Valerie Carpenter Siobhan Casey Jennifer Chiba Samantha Commarato Laura Cosgrove Kimberly Cottiers Lisa Cresson Jason Cruz Megan Daman Megan Diffendal Valerie Drake Michele Drislane Katie Drobney **Emily Duhaime** Alexandra Dziedzic

Kristen Ellis

Heidi Endres

Inbar Ernan Julia Falcone Keadron Finn Daynia Flynn Jeanne Freed Susan Games Diane Gattermann Crystal Gauen Jennifer Githens Wise Heather Grey Diana Hastings Stephanie Heck Carolyn Hiler Erika Hirsch Marianne Hughes Mary Hyche Soojin Im Patricia Ingram Merrilee Jorn Erin Keenan Erin Kenepp Orly Keren Eun (Suzie) Kim Alexia Kutzner Kali Kuwada Alysha Lacey Claudia Ledwith Jacqueline Lindo Lisa Lindsey Yolanda Lorenz Sheila Lorenzo de la Pena Kate Mack

Kate Marder

Tamar Marmor

Jessie Masterson

Erin McConnell Shannon Mekuly Claudia Mezzera Valerie Milholland Heidi Miller Melanie Morones Charlene Morris Rachel Mosler Rvan Norton Susan Novak Christine Olaes Heather O'Lone Sibel Ozer Katie Patterson Mary Pazdernik **Brent Peterson** Karen Pfaeffle Kristine Pink Zainab Pirbhai Danielle Polifroni Kelvin Ramirez Christine Rehman Rebecca Rosenbluth Catherine Rubin Andrée Salom Elisa Sandonato Allison Schmoldt Kendra Schpok Susan Scully Elizabeth Shaner Mutsumi Shoji Shannon Simonelli Robyn Spodek-Schindler Jennifer Tackett
Marjorie Taylor
Juli Turner
Cynthia Veum
Erin Viola
Tanya Wald
Rochelle Warner
Jamie Waters
Kathryn Weakland
Christine Wilson
Jennie Woo
Alissa Zemering

New ATR-BCs

Vanessa Andrews
Yi-Hui Chang
Valery Daniels
Molly Greece
Shannon Hallock
Courtney Held
Jennifer Johnson
Kelly Murphy
Sarah Siering
Sonja Stengel-Baier
Sara Taussik
Lindsay Tyson
Olivia Weber
Alison Wood

Ann Stockwell

Lisa Syed

Upcoming Examination Locations

November 21, 2009

Hartford, CT

Detroit, MI

Dallas, TX

Atlanta, GA

Portland, OR

WEB UPDATE

The following items have recently been added to the ATCB Web site:

- Application for Temporary Inactive Status
- Application for Retired Status
- Application for Education Pre-review

CONTACT US

Art Therapy Credentials Board, Inc.

3 Terrace Way Greensboro, NC 27403-3660

TEL: 877-213-2822 FAX: 336-482-2852 WEB: www.atcb.org E-MAIL: atcb@nbcc.org

Exam Committee Member "Retires" After Nine Years of Service

Libby Schmanke, ATR-BC Chair, Certification Committee



The August meeting of the ATCB Certification Exam Committee was finally the last for committee member Charles Marshall. Charlie started his service on the committee in 2001, when, he has recalled, the exam was young and not nearly as polished as it is now. As his terms expired, Charlie was asked repeatedly if he would accept reappointment "one more time," in order to serve the committee with his experience and question-writing proficiency.

In addition to his helpful expertise, Charlie's presence will be missed by all who have worked with him. Charlie has a charming and gentle personality, yet on occasion would deliver a bit of wicked sarcasm--sotto voce, like a gentleman, of course! His fellow committee members learned much from him, particularly about the nuances and clinical challenges of working as an art therapist in an inpatient psychiatric setting, which he has done for many years. Charlie spoke proudly of our professional identity as art therapists and was also proud of his alma mater, Louisville, and of Kentucky's recent licensure achievement.

Charlie's avocation is flamenco; he has studied and performed for several years with a group in the Louisville area. On occasion, he brought music and the committee was treated to a sample of his dancing ability during the lunch break. Charlie was also beloved by the committee for his humorous touting of his own birthday. Charlie spends his entire birth month celebrating it, the previous month advertising it, and the following month happily remembering it. Since his birthday is in July, between the two summer committee meetings, we were in on the excitement, and this year sent him off fondly with a cake.

Charlie, best wishes for the future, from all of us. Thank you for your years of service and for helping to make the committee a great place to work!

VISIT

www.atcb.org

TO FIND

- A listing of current ATRs and ATR-BCs by state or country
- Information about ATCB's Board of Directors
- · ATCB Credentialing PowerPoint
- · Code of Professional Practice
- Applications for the ATR, ATR-BC, and ATCS
- Prior Issues of the ATCB Review
- · Recertification Standards
- Continuing Education Tracking Form And more!

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An Opportunity for ATR-BCs to Earn CECs

The American Art Therapy Association's Annual Conference is scheduled for November 18-22, 2009, in Dallas, TX.

It is the annual networking and continuing education event for art therapists. This year's theme is *Inspiring Frontiers for the Next Generation in Art Therapy*. A possible 33.5 CECs are available.

Visit www.americanarttherapyassociation.org for more information.

ATR-BCs must keep a copy of their AATA Conference CEC checklist to document the sessions attended for recertification purposes.