# ATCB REVIEW

Official Newsletter of the Art Therapy Credentials Board

Fall 2006

Mission: To protect the public by promoting the competent and ethical practice of art therapy

### **Message from the ATCB President:**

Gayle M. Sutch, ATR-BC

I want to take this time to update our registrants and certificants about the BC Initiative. The BC Initiative is the joint effort of ATCB and AATA to increase the number of board certified art therapists in order to



therapists in order to support AATA's GAC legislative efforts.

I want to thank all the art therapists who have applied and been granted board certification through this time limited initiative.

To date, ATCB has received 50 applications under Option I, 382 applications under Option II, and 10 applications under Option III. The total number of art therapists receiving the BC since April, the first month of the Initiative, has been 298.

This initiative runs from April 2006 through April 2007, leaving just seven months before this opportunity ends. Currently, we are running below our estimated goal as outlined in AATA's legislative plan. Therefore, we want to encourage those art therapists who have put off sending in their applications to do so.

I also want to thank the many art therapists who have written or emailed me about this initiative. For those of you who understand what ATCB and AATA are trying to accomplish, we thank you

for your support. Several of you have written and expressed concern over the "lessening of the BC Credential." I want to assure you that the value of the BC credential in no way is lessened by the Initiative. The BC Initiative is still exam driven.

Before the ATCB agreed to sponsor the BC Initiative, we researched what other credentialing bodies had sponsored such campaigns. We also needed to ensure that the Initiative's options were substantially equivalent to an individual receiving a passing score on the Board Certification Exam. For candidates applying under Option II, the requirement is that they hold the ATR credential AND a state license in a related mental health field. Applicants in this category have already successfully met the requirements specified by state credentialing boards in order to practice in their state. Passing a state licensing exam assures clinical competency and the ATR credential demonstrates that the BC candidate has met or exceeded the minimum requirements of registration as an art therapist.

We have received letters from some who question the validity of Option III. I want to remind readers that this option is only for those ATRs demonstrating significant contributions to the profession of art therapy through practice, publication, and/or research. The Option III applicant is required to submit a lengthy portfolio for review. The portfolio must clearly demonstrate competency in all content areas of the BC exam. The BC will not be granted under Option III to those who fail to meet this rigorous review standard.

The ATCB will have a table at the AATA Conference in New Orleans (details appear elsewhere in this issue of the ATCB Review). Staff and board members will be available to answer questions about our credentials and the BC Initiative.

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ATCB would like to thank the ATRs and the ATR-BCs who participated in the 2006 Board of Directors election.

#### **CONGRATULATIONS**

to

**DEBORAH GOOD** 

and

**MARIAN "TERRY" TOWNE** 

who were elected to the ATCB Board of Directors in September 2006.

#### **Ethical Issue: Client Artwork**

Tom Hartsell ATCB Board of Directors, Public Member

Recently, I was confronted with a question concerning client record keeping requirements for the art therapist. As a person who represents mental health professionals in connection with licensing board complaints in my home state of Texas, I have come to learn the importance of a well-documented client file for defense purposes. I characterize a client file as the therapist's first line of defense when a complaint is lodged. From my perspective, the more information documented in the file the better. Of course, I operate from the presumption that the mental health professional is providing competent services in an ethical manner. I concede that if this is not true a well-documented client file would be very damaging to the mental health professional.

The question posed was whether or not an art therapist should maintain the art pieces created by the client during therapy as part of the clinical file. It was quickly pointed out to me that storage in a hospital setting would be a logistical nightmare. I agree.



The ATCB Code of Professional Practices provides the following:

#### 2.1.5 Documentation

Independent practitioners of art therapy should document activity with clients so that the most recent art therapy progress notes reflect, at a minimum, the following:

#### 2.1.5.4 Artistic expression relevant to client behavior and goals

In applying this rule, it appears to me the art therapist should at least keep a photographic depiction of all "relevant artistic expression" if maintaining the art expression itself is impractical. A distinction should be made between an art activity for art's sake and artistic expression as part of an ongoing therapeutic process or relationship.

It should be noted that AATA's Ethical Principles of Art Therapists provides the following:

#### 4.0 Client artwork

Art therapists regard client artwork as the property of the client. In some practice settings client artwork, or representations of artworks, may be considered a part of the clinical record retained by the therapist and/or agency for a reasonable amount of time consistent with state regulations and sound clinical practice.

4.1. Client artwork may be released to the client during the course of therapy and upon its termination. The client is notified in instances where the art therapist and/or the clinical agency retain copies or photographic reproductions of the artwork in the client file as part of the clinical record.

These rules indicate the possible need to retain artwork or its photographic representation for requisite state law retention periods. This is consistent with the ATCB Rule cited above. It is up to the art therapist to exercise professional judgment to determine what artistic expressions are relevant to the client's therapy and should be maintained.

I often ask mental health professionals to consider the client file from two perspectives:

- 1. What information would be useful to defend against a board complaint or malpractice allegation? and
- 2. What information would be useful to any subsequent art therapist treating the client if the original therapist dies or becomes incapacitated?

I believe if an art therapist considers the clinical file and record keeping obligations from these perspectives he or she will do an adequate job of creating and maintaining client records. The art therapist will also be compliant with ATCB, AATA and state licensing board rules.

Thomas L. Hartsell, Jr. is a lawyer and mediator in private practice and is the coauthor of "The Portable Lawyer For Mental Health Professionals, An A-Z Guide To Protecting Your Clients, Your Practice And Yourself (2nd Edition)," "The Portable Ethicist, An A-Z Guide To Responsible Practice" and "The Portable Guide To Testifying In Court for Mental Health Professionals" published by John Wiley & Sons and is a frequent lecturer to mental health professionals and organizations.

To the Board of Directors Art Therapy Credentials Board, Inc. Greensboro, North Carolina

#### INDEPENDENT AUDITORS' REPORT

We have audited the accompanying statements of financial position of the Art Therapy Credentials Board, Inc. as of December 31, 2005 and 2004, and the related statements of activities and cash flows for the years then ended. These financial statements are the responsibility of the Board's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with U.S. generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Art Therapy Credentials Board, Inc. as of December 31, 2005 and 2004, and the changes in its net assets and its cash flows for the years then ended in conformity with U.S. generally accepted accounting principles.

Winston-Salem, North Carolina March 17, 2006

### ART THERAPY CREDENTIALS BOARD, INC. STATEMENTS OF ACTIVITIES For the Years Ended December 31, 2005 and 2004

	2005	2004
Revenues		
Maintenance fees	\$ 250,982	\$ 199,685
AATA Sole Member dues	1,500	1,500
ATR filing fees	31,475	28,575
Certification exam fees	24,050	31,050
ATR-BC recertification fees	20,688	8,722
Miscellaneous	4,643	6,35 <u>5</u>
TOTAL REVENUES		
333,338 275,887		
Expenses		
Program services		
Management fee	119,000	119,000
Examination committee	4,908	8,233
Printing/copying/supplies	9,380	9,466
Total Program Services	133,288	<u>136,699</u>
Supporting services		
Management fee	51.000	51.000
Board of Directors	56,228	43,903
Legal	8,371	3,836
Depreciation	268	112
Miscellaneous	7,628	7,693
Total Supporting Services	123,495	106,544
TOTAL EXPENSES	256,783	243,243
Change in Unrestricted Net Assets	76,555	32,644
Net Assets at Beginning of Year	323,377	290,733
Net Assets at End of Year	\$ 399,932	<u>\$ 323,377</u>

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### Call for Committee Members

ATCB is looking for volunteers to serve on the following committees:

#### **Certification Committee**

This committee is responsible for meeting with testing consultants for the purposes of developing the board certification examination.

#### **Nominations Committee**

This committee is primarily responsible for reviewing candidates to the ATCB Board of Directors

Send a letter of interest and resume to ATCB by December 15, 2006.

Committee members are appointed for two year terms. After serving three consecutive terms, a person is not eligible to serve until two years have expired.

ATCB National Office 3 Terrace Way Greensboro, NC 27403 www.atcb.org

### ART THERAPY CREDENTIALS BOARD, INC. STATEMENTS OF FINANCIAL POSITION December 31, 2005 and 2004

ASSETS	2005	2004
Current Assets Cash and cash equivalents Short-term investments Accounts receivable Prepaid expenses Total Current Assets	\$ 283,699 255,292 3,168 - 542,159	\$ 241,772 209,839 4,142 1,070 456,823
Property and Equipment Less: accumulated depreciation <u>Property and Equipment, Net</u>	1,874 (379) 1,495	1,874 (112) 1,762
Development Costs Less: accumulated amortization Development Costs, Net	44,091 (44,091) -	44,091 (44,091) 
TOTAL ASSETS	<u>\$ 543,654</u>	<u>\$ 458,585</u>
LIABILITIES AND NET ASSETS		
Current Liabilities Accounts payable Deferred revenue Total Current Liabilities	\$ 5,232 138,490 143,722	\$ 15,908 <u>119,300</u> <u>135,208</u>
Unrestricted Net Assets	399,932	323,377
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 543,654</u>	<u>\$ 458,585</u>

### ART THERAPY CREDENTIALS BOARD, INC. STATEMENTS OF CASH FLOWS For the Years Ended December 31, 2005 and 2004

	2005	2004
CASH FLOWS FROM OPERATING ACTIVITIES		
Change in net assets	\$ 76,555	\$ 32,644
Adjustments to reconcile change in net assets to net cash provided by operating activities:		
Depreciation	267	112
Unrealized losses on investments	3,199	401
Change in assets and liabilities:		
Accounts receivable	974	768
Prepaid expenses	1,070	(1,070)
Accounts payable	(10,676)	13,331
Deferred revenue	19,190	35,215
Net Cash Provided by Operating Activities	90,579	<u>81,401</u>
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of equipment	-	(1,874)
Reinvestment of dividends	(7,652)	(6,693)
Purchases of Investments	(41,000)	
Net Cash Used in Investing Activities	(48,652)	(8,567)
Increase in Cash and Cash Equivalents	41,927	72,834
Cash and Cash Equivalents at Beginning of Year	241,772	<u>168,938</u>
Cash and Cash Equivalents at End of Year	<b>\$ 283,699</b>	<u>\$ 241,772</u>

#### **ATCB in New Orleans:**

37th Annual Art Therapy Conference

ATCB Board of Directors and staff will be on hand in New Orleans to meet, greet and answer your questions about the ATR and the ATR-BC credentials during the 37th Annual AATA Conference held at the Riverside Hilton, November 15-19. This year the ATCB information table will be prominently located in the conference's registration area.

In addition to offering information about applying for the ATR credential and the BC examination, we will have copies of our brochures targeted for recent graduates and employers. We understand that many of you may still have questions about the BC Initiative that is in effect through April 2007. We will be happy to answer your questions and will have applications for all three options available.

We hope that all conference attendees will stop by to get their ATR, ATR-BC, Future ATR, or Future ATR-BC badge ribbons. In addition to badge ribbons, everyone will be able to take away a little something extra as ATCB's way of saying 'thanks' for supporting excellence in our profession – and anyone submitting a completed BC Initiative application to our representatives at the conference will receive a premium thank you gift!

We look forward to seeing you in New Orleans. Le Bon Ton Rolle

#### ATCB Credential Holder Profile: Lydia Mandell, ATR-BC, LPC

It has long been our plan to include credential holder profiles in the ATCB Review and we implement this plan here, in the Fall 2006 issue, by profiling Lydia Mandell, ATR-BC, LPC of New Haven, Connecticut.

If you would like to be considered for a future profile, please send a brief statement about your career in art therapy and the value of your ATCB credentials to www.atcb.org attention Editor, ATCB Review.

My name is Lydia Mandell and I have been a practicing art therapist for over six years. I first became interested in



art therapy after a discussion with a co-worker at a local museum. Prior to working in the museum, I had graduated from Arizona State University with a Bachelor of Arts in Studio Art and a Bachelor of Fine Arts in Intermedia. My work history included working in a market research firm, museums, and various other jobs that just didn't seem to be a good fit for me. I had not previously heard of the profession of art therapy but was instantly intrigued by the prospect of working in a field that meshed two of my greatest interests – art and psychology.

I immediately began researching art therapy programs and taking the required prerequisites in psychology needed to apply to these programs. I spoke to the President of the Connecticut Art Therapy Association (CATA), my local chapter of the American Art Therapy Association (AATA). She confirmed my belief that this field was for me. Shortly after this conversation, I enrolled in the newly created Albertus Magnus College Master of Arts in Art Therapy Program in New Haven, Connecticut. At that time, I also became a student member of the American Art Therapy Association and became an active participant in the Connecticut Art Therapy Association. Membership in these two organizations opened up a whole new world of networking opportunities and showed me that there was a vibrant group of people working in and promoting the field of art therapy.

After graduation, I immediately began collecting the necessary direct client contact hours in art therapy and supervision to attain the ATR credential. I was also working towards getting licensed as a Professional Counselor (LPC) in my state. Although licensure is available to art therapists in Connecticut through the LPC, I firmly believe that it is important for all professionals to be credentialed in their specific discipline. After attaining both the ATR and LPC. I took the ATCB Certification Exam and was able to add Board Certification (ATR-BC) to my credentials. I also became more active professionally in the Connecticut Art Therapy Association and began serving on the Board as Chapter Delegate.

When I acquired the above credentials, I was working at an intensive outpatient and partial hospitalization program for adults with psychiatric issues. I was able

to raise the awareness of the staff of that institution about both art therapy and the process rigorous credentialing process art therapists undertake to demonstrate their competencies. During that time, I was also asked to begin teaching a graduate level art therapy course - Art Therapy with Substance Abuse and Chemical Dependency at Albertus Magnus College where I had already begun teaching undergraduate courses. I know that having my ATR-BC was instrumental in my being offered this teaching opportunity. The ATR-BC credential has also allowed me to start a clinical supervision practice of my own to assist new art therapists in attaining their credentials. I continue to stress, with my supervisees, the importance of being credentialed in the field of art therapy.

Throughout my years working in the profession of art therapy, I have gained experience working with several populations including: children and adolescents with emotional and psychological disorders, adults with substance abuse and dual-diagnoses, older adults, and adults with acute and chronic mental illness. Currently, I work as an art therapist in the in-patient Adult and Adolescent Behavioral Health Units at Waterbury Hospital in Waterbury, CT. I continue to teach classes at Albertus Magnus College parttime. My involvement in the CT Art Therapy Association continues and I am now serving as President on the Board. I truly enjoy my work as an art therapist, adjunct professor, supervisor, and active member of CATA. After much searching and a long journey, I arrived at art therapy and I believe I will be staying!

#### **Congratulations to Our New ATR-BCs**

June 1, 2006-September 1, 2006

Ruth Airhart Lisa Allen Kathleen Asdel Jacqueline Mia Barkan-Clarke Susan Barnett Gwen Barry Anne Berg Diane Bernstein Charles Billings Clare Blackburn Tenille Blair-Neff Mary Bonney Zena Bowen Susan Boyes Pamela Louise Brauchi Seema Buksh Megan Burdick-Grade Laurie Burgin Sarah Campbell Ginny Campbell Nora Campbell-Hume Cynthia Carlson Mariagnese Cattaneo Jackie Chandani Chi Li Alice Cheung Catherine Chinnock Christopher Chiochios Darryl Christian Casie Clawson LaMunyon Gaylynn Clevenger Grace Cocuzza-Zambelli

Narda Cole Smith **Amalia Collins** Linda Cornwell Rita Coufal Jeanne D'Archer Denise DeLuca Carol DeLue Linda Dennis Susan Donofrio Barbara Down Susan Eastman Suzanne Eng Claudia Eskenazi Sheila Fallon Joan Farkas Sandra Feingold Leigh Files Susanne Fincher Deborah Ford Kay Foster Ester Fuchs Lisa Furman Amanda Gesme Renee Gibson Michael Giglio Lisa Gilliam-Vogel Robin Gills Christina Glassmeyer Alice Green Maria Gregory Alicia Grivno Marianne Gunther Anne Gustafson Molly Guzzino Theresa Hall Jacqueline Halverson Leigh Hamel

Makiko Harada Ellen Hauben M B Haugaard Elaine Hawkes Tina Hazelman Tami Herzog Anne Hitch E. Hitchcock Scott Michelle Anne Hololob Julia Hudson Kathryn Hutton Amy Isaacs Holly Kadesh Bert Kae-Je Jacqueline Kahn Deborah Kahn Elena Kaiser Cari Kamen Jo Ann Kaminsky Anna Kaufman Mary Kean Michael Kellogg Kathleen Kern-Pilch Carol Kiendl Elizabeth Kim Erin King-West Christina Kittstein Dianna Kreisler Tai Kulenic Antoinette Lagrone Amanda Lance Joan Landon-McMullen Jin-Myung Lee-Degala Ralph Levinson

Sandra Jane Little Sandra Lloyd Ethyle Ludwig Joan Lundborg Holly Majkut Laura Maloney Marian Maloney Erica Maluski Marguerite Martino Linda Mathews Melissa Mazzio Sara McDonough Lisa McGinty Margaret McGovern Lynn McKnight Theresa Meyer **David Mitchell Brandon Mock** Linda Montanari Tricia Moran Toni Morley Barbara Naderi Nancy Nainis Arthur Nechamkin Stacey Oliver Esther Oppenheimer Judith Ornstein Marybeth Orton Katherine Paras Jean Peterson Lory Ragnio Nicole Randick Michele Rattigan Diane Raymond Susan Redfield Arthur Robbins Kathryn Rogers

Rosemarie Rogers Cynthia Rosa Jeannie Russell Lenan Rust Susan Samek Catherine Sanderson Rachelle Schieffer Beth Schultz Naomi Schwartz Kristin Sellke Diane Shamberger Sandra Shields Gong Shu Sirkku Sky Hiltunen Heidi Sliter Camille Smith Carol Smyth Paula Sorensen **Bridget Speer** Dianne Stefanick Susan Sticha Toru Takada Tally Tripp Dawn Truby Christine Vaccaro Renee Van Der Vennet Susan Voigt Patricia Waldo Sylvia Ann Walworth **Heather Williams** Kevin Williams Jeanne Wilson Gail Wirtz **David Woodin** Violetta Woznicka Yasuko Yoshihara Rachel Zagha

#### **Congratulations to Our New ATRs!**

June 1, 2006-September 1, 2006

Shawna Barton Moriah Bernhardt Anne Bolla Rachel Brandoff Kimberly Campbell Meghan Carrigan Helene Falcon-Vermorel Lynn Genz Carrie Gevirtz-Wicks Katie Gillespie Nancy Groover
Sarah Hocutt
Anna Rebecca
Hoffman
Nicola Shea HughesBrand
Heather Hutchison
Donglim Koh
Diala Lehman-Gallant
Christopher Liljedahl
Deborah Lindeen

Elizabeth Morale Linda Morris Annette Nemeth Marirose Occhiogrosso Melanie Padron Deanna Rand Jaimee Ryan Michelle Salerno Sigman Katherine Shargo

Valery Shuman
Meredith Snow
Ellen Stirling
Fumie Sugawara
Sandra Lee Tyrrell
Audrey Uhl
Carrie Vall
Dawn-Alise
Vinciguerra
Andrea von Troschl

Andrea von Troschke Arlette Wasik Jodi Weingarten Stephanie Whitney Sally Whittaker Trudy Willadson Christy Wolfram Pei-Jung Yang

#### **ATCB's Newly Re-elected Directors' Platforms**

#### **Deborah Good**

Deborah's views about the BC Initiative:

"The BC Initiative has been a milestone joint effort of the ATCB and AATA in an effort to expand the recognition of art therapy board certification (ATR-BC) on the state and national levels as the legislative standard for regulation and licensing. It is necessary for AATA and the ATCB to collaborate on these efforts in order to expand and promote



the profession of art therapy. The BC Initiative was created to make board certification more accessible to a wide variety of art therapists within a window of time — April 2006 through April 2007. As the numbers of credentialed art therapists increases, so does the viability of the ATR-BC. The goal of setting the ART-BC as the national standard is to create accessibility to legislative opportunities and increase employment options for art therapists."

When asked what skills and expertise she will bring to the ATCB Strategic Plan, Deborah states:

"As a current Director on the ATCB, I took an active role in the development of the current strategic plan. It is essential to the profession of art therapy for the ATCB to set goals to promote public and professional awareness of board certification, continue to protect the public through regulating quality board certified art therapists, search for new ways to communicate with current and future certificate holders, and collaborate with AATA in ways that support and enhance the profession of art therapy."

"I am in a unique position to further these goals. I served 9 years on the AATA Board of Directors where I participated in the development and implementation of numerous strategic plans. As a Past President of AATA, I bring historical knowledge and vision to the ATCB. For the past 2 years, it has been a privilege to work with the ATCB to create a direction to fulfill its mission and establish a tangible vision for the future."

#### Marian 'Terry' Towne

Terry's views about the BC Initiative:

"Having served as a participant in the August 2005 AATA-ATCB Task Force meeting that set the foundation for the ATCB BC Initiative, I fully support the spirit of collaboration between the American Art Therapy Association and the Art Therapy Credentials Board. Following that landmark meeting, the ATCB was charged with creating a mechanism for a greater number of ATRs to attain the BC credential in a timeframe that would assist AATAs legislative timetable. I worked with other members of the ATCB Board to develop a number of BC credentialing options that either required the taking of the BC Exam or demonstrated parity with the exam content."

"I believe that the BC Initiative will assist in the promotion of the practice of art therapy and that it demonstrates an unparalleled effort on the part of the AATA and the ATCB to work together to draw attention and gain greater recognition for the unique and valuable work performed by all art therapists."



When asked what skills and expertise she will bring to the ATCB Strategic Plan, Terry states:

"Following the Board Meeting during which the ATCB Strategic Goals were developed, I volunteered to coordinate the fleshing out of the plan which incorporated input from my fellow board members. This task has provided me with an intimate knowledge of the scope and purposes of each aspect of the plan.

I currently chair two ad hoc committees that are working to fulfill goals of the plan – the development of an effective marketing campaign that will draw attention to the skills and competencies of our credential holders to employers and the public at large and the development of a supervisor's credential that will set a standard for the competencies required of those providing art therapy supervision.

Further, having served the ATCB since 2003, I believe I possess a keen understanding of the policies and procedures that guide its activities. I believe that I have demonstrated the administrative and organizational skills necessary to work as a part of the team that will to fulfill to the goals of the 2006-2008 ATCB Strategic Plan."

## ATCB Board of Directors and Committees 2006-2007

#### **PRESIDENT**

Gayle M. Sutch, ATR-BC Frederick, MD

#### PRESIDENT-ELECT

Terry Towne, ATR-BC Shelton, CT

#### **SECRETARY**

Deborah Good, ATR-BC Alburquerque, NM

#### **TREASURER**

Thomas Hartsell, Jr. Dallas, TX

#### **DIRECTOR**

Nina Denninger, ATR-BC Greensburg, PA

#### **DIRECTOR**

Paula Howie, ATR-BC Silver Springs, MD

#### **DIRECTOR**

Bill More, ATR-BC Woodbridge, CT

#### **EX-OFFICIO MEMBER**

Paula Howie, ATR-BC Silver Spring, MD

### CERTIFICATION COMMITTEE CHAIR

Megan Van Meter, ATR-BC Austin, TX

### REGISTRATION STANDARDS CHAIR

Christianne Strang, ATR-BC Birmingham, AL

#### **MANAGEMENT DIRECTOR**

Kristi McCaskill Greensboro, NC

### Upcoming ATCB Certification Examination Dates and Locations

November 18, 2006

New Orleans, LA Philadelphia, PA Sacramento, CA Minneapolis, MN

April 28, 2007

Chicago, IL Boston, MA Los Angeles, CA Atlanta, GA

#### Art Therapy Credentials Board, Inc.

3 Terrace Way Greensboro, NC 27403-3660