# ATCB

REVIEW

Official Newsletter of the Art Therapy Credentials Board

Summer/Fall 2003

Mission: To protect the public by promoting the competent and ethical practice of art therapy

## An Update from the Certification Committee and a Welcome to the new Chair!

#### Welcome to the new Chair

It is with pleasure that I welcome Megan Van Meter who will take over the Chair of the Certification Committee at the 2003 November Board Meeting. Megan has served on the committee since the year 2000 and has also participated in the Standard Setting Panel and various subcommittees. She is a Registered, Board-certified Art Therapist, licensed as a Professional Counselor in Pennsylvania and has an Art Therapist with Psychotherapy License (ATRL) in Wisconsin. A graduate of the University of Louisville art therapy program, Megan has been on the boards of the North Texas and San Diego AATA chapters. She worked in the correctional health care department of the Texas Tech University Health Sciences Center for over five years and has now accepted a position at the state hospital in Austin, TX.

#### **Progress report**

The committee continues to review the content of the exam, to write new test items in order to expand the pool, and to monitor adherence to the blueprint (see *Developing national standards for art therapists: A progress report* in *ATCB Review*, Summer, 2001). We are, in fact, on target in the development of the testing process, according to standards for educational and psychological testing. The validity and reliability of the exam is such that it has been utilized by licensing bodies in several states and application for approval by the National Council of Certifying Agencies (NCCA) is in process, which will further enhance its credibility.

In addition to pass/fail information, certificants are now given the six subscores for each knowledge area. Training programs are also able to monitor how their graduates performed by requesting information on the mean and standard deviations, as well as the national statistics of the number of graduates who tested during the time frame, and the number of graduates who passed.

The exam is now offered at more sites and a subcommittee has been established to explore the possibility of international testing. Computerized testing will, of course, be considered in the future but requires an extensive item bank of 3,000-6,000 items and is also very costly.

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# ATCB

Art Therapy Credentials Board, Inc. **3 Terrace Way, Suite B Greensboro, NC 27403-3660 877-213-2822 Fax 336-482-2852 E-mail: atcb@nbcc.org Web site: www.atcb.org**  A *Guide to Life after Graduation for Art Therapy Students* has been developed (with Audrey Di Maria, past Secretary of the ATCB) to help clarify the registration and certification process and is available to all training programs, as well as to all art therapy students and ATR candidates. An informational brochure for employers is in progress.

Having established the policies and procedures for recertification (thanks to the exemplary work of Don Cutcher, ATR-BC and his team), that committee's responsibilities have been combined with those of the Certification Committee.

I would like to thank the staff at the Greensboro office, especially Michael Cotten (current Management Director) and Chris Smith (previous Management Director), for their support and advice. ATCB is fortunate in having a management team to be envied! My heartfelt thanks also to those who have served on the committee at various times during my tenure. Your hard work, professionalism, and dedication to improving the exam each year is impressive. It has been an honor and a pleasure to work with you all.

Brenda Barthell, ATR-BC Certification Committee Chair

## RECERTIFCATION NEWS

To all **2004** Recertifying Certificants (ATR-BCs who took BC exam in November, 1998), please be aware that you are due to recertify on **July 1, 2004**. Three months before your recertification date, you will receive a recertification packet that will contain the Policy & Procedure for Recertification, recertification application, and a Continuing Education Credit (CEC) tracking form. Although these documents will be delivered via mail, you may visit the ATCB web site at any time to view the requirements for recertification\* as well as download any necessary documents.

#### Purpose:

The recertification process is designed to ensure that any person certified by the ATCB continues to meet the requirements for recertification established by the By-Laws of the organization. Recertification is required every 5 years.

#### **Recertification Process:**

- 1. Candidates for recertification will receive a renewal application packet by mail **90 days** prior to the deadline for renewal.
- 2. A maximum of ten-percent (10%) of those eligible to recertify will be randomly selected for audit. These candidates will receive a different set of instructions.
- 3. Candidates must submit all required documentation appropriate to the recertification process (Recertification application and CEC Tracking form). <u>Only audited candidates must submit documents verifying continuing education activities</u>.
- 4. National Office reviews applications.
- 5. Candidates will be notified of the outcome of their application review and receive a new certificate if their submitted CECs are in accordance with the recertification standards.
- 6. All candidates for recertification must continue to abide by the standards, but the right to recertify is held in abeyance upon suspension of certification by the ATCB. A candidate who successfully meets the requirements for recertification has the right to use the title **ATR-BC** after his/her name.

\*Option 2-Retaking the examination- will no longer be an option after January 1, 2005.

#### **Building Bridges: The relationship between ATCB and counseling boards**

As part of ATCB's ongoing mission to "protect the public by promoting the competent and ethical practice of art therapy", ATCB has focused on being a participating member of the American Association of State Counseling Boards (AASCB). This group, comprised of representatives from most state counseling boards, meets yearly to network, learn, and develop processes regarding state licensure for counselors. The board members from each state that attend are, like everyone else, professionals in a helping profession. They have a learning curve about state licensing the same as art therapists have had to learn about art therapy credentials, examinations, and registration. There are many parallels between art therapy credentialling and those in the counseling profession. By being present and a member of this group, the ATCB has the chance to educate and support state licensing boards as they consider including art therapists in existing licensure or to help develop alternative means for art therapists to practice in various states. The ATCB is committed to sending a representative to the yearly conferences and also to presenting educational material about the art therapy profession.

This year, Anita Mester, in-coming President of ATCB and Joan Phillips, out-going President, will be attending AASCB in January 2004 in San Diego, CA. They will present a workshop discussing the credentials of creative therapists in general (including art therapists) and show the similarities and differences among them. It is these educational efforts that the ATCB both promotes art therapists as parallel professionals, and also reinforces the efforts of instate therapists who may be lobbying the same boards and board members from the local level. The ATCB urges all art therapists involved in any legislative action or efforts to be in touch with ATCB in order to receive support from your credentialing body when it is relevant to the mission as stated above. Of course, the efforts of the AATA Governmental Affairs Committee are paramount in these endeavors and the ATCB will always attempt to coordinate the efforts.

Remember, the more information that can be shared - the greater the impact on the regulatory bodies. It is these bodies that appear to have a lot of "power" in terms of art therapists' ability to practice and /or bill for third party payments.

#### **New Focus:**

The ATCB has recently established an Ad Hoc International Committee to look into the possibility of developing some guidelines for credentialing or recognition for art therapists working in remote areas of the world. Countries in South America, Africa, Southeast Asia, India and a few other Third World Nations seek the support that comes from receiving recognition by an established credentialing body such as ATCB. We are looking at countries where formal graduate art therapy programs do not exist and where distance learning is still not an option.

In view of this, the International Committee is preparing to send out a survey to art therapists in these remote areas asking, if, in fact a credential (or other form of acknowledgment) from the ATCB would help in enabling them to establish legitimacy in their country. Of course, such a credential would be based on their understanding of the *basics of art therapy* and the *principles of art in healing*.

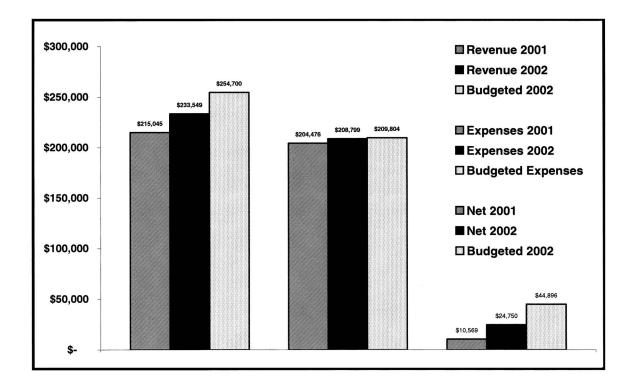
The ATCB welcomes the input of any art therapist on this matter and all concerns can be addressed to the ATCB National Office.

#### Pat Grajkowski, ATR-BC Chair, Ad Hoc International Committee

## **Report of the ATCB Treasurer** *Chris Strang, ATR-BC*

The ATCB continues to be on sound financial footing. As of December 2002, the ATCB had an available cash balance sufficient to cover at least 6 months of operating expenses.

Total Revenue increased from 2001 to 2002, though the revenue was below that budgeted. Total expenses remained level and were slightly below budget, resulting in an increase in net income in 2003, though again, it was below that budgeted. The failure to meet budget projections for net income is predominantly due to Registration and ATR filing fees. Registration Fees were decreased from 2001, and income from those areas was 10% below the 2002 budget projection. ATR filing fees were commensurate with those for 2001, but remained under the budget.



There has been a trend over the past 3 years of an overall decrease in ATR registration fees. Because ATR registration income has not increased, but both exam fees and recertification fees have increased, it is possible that the decrease in registration fees is due to a greater number of registrants taking the exam over the past three years, and thus moving into the category of certificant. The large increase in recertification fees in 2002 is most likely due to the change in billing structure.

#### New ATRs (March 2003-October 2003)

Danielle S Abrosh Carolyn Adessa Saundra E Akridge Rachel LAlbert Kim L Anderson Carson R Anderson Nancy Andrews Mary F Andrus Lisa E Arends Kelly LAshby Stacey A Banks Alice Barber Wendy A Bauer Kristine A Bella Tessa N Bird Rebecca I Bloom Bettina V Boccaccio Michelle Bodwell Suzanne Breslow Brenda S Brown Lynn D Brzostek Louis Buchhold Dawn M Bunch Rene' A Burgoyne Elizabeth T Cardona Alyssa G Caroselli **Christopher Chiochios** Laura Cochrane Kate R Collie Brandie Cormier Lonni G Cowan Tara Cronin Angela Daniels Susan M Dannemiller Kerry DeBay Lisa B Deeb Trina M Delia

## Janina K Diaz Solari Laura A Dobbs Susan M Donofrio Ashley R Dorr Deborah R Douek Catherine S Dubaillou Vered Duitz Ellis Eisner Arlene S Esgar Sharon Z Evers Heather S Fabbre Drena Fagen Carolyn Y Farrlley SaraFeinberg Nicole L Fenocchi Dana T Fox Donna Fragapane Christine N Gartler Heather Genovese Kimberly A Gibson Stephanie J.R. Giddings Callie H Gladman Patricia Ann Glatzel Clough Jodie M Godfrey Jodi E Goldberg Deborah A Green Jannia Elizabeth Gyorkos Jennifer L Hacker Michelle Hagerman Amelia A Hahn Coretta L Harding Elizabeth Ann Harris Melissa Hill Rosalyn Hochstein Mickie L Hoffman Michelle Huesman Adam R Huffman Gretchen Y Hurlbut

Linda I Dennis

Heather L Jefferis Heather F Jones Patricia A Keating-McCutcheon Janet K Kempf Mary K Kew Toshiko Kobayashi Justine M Kopp Sarah E Kremer Tai Kulenic Arie D Kupferwasser Jo Mazza Lagattuta Amanda B Lance Karen B Leonard Janiece R Leuschke GailALipe Sandra J Lloyd Amy J Lounsbury-Enk Dina Marie Marabello **Barbara J Margolies** Sarah K Masciave Shenan E May Patricia C Mazul Mary McCarthy Jodi McKee Elizabeth C Meyers Naomi Mishali Sylvia R Mongold Mary Kathleen Moore Mollie Morris Catherine A Murray Gayla D Norman Glenda Nosovsky Kari S Oppegard Tara Paisley Nicole A Parfitt Angela M Paul Sherry L Peck **Caroline Peterson** Maria T Petras

ATCB Review

Sarah Plutzer Shari L Racut Dena Rain Adler Dafna Rehavia-Hanauer Kathleen Blake Ridley Kristina Rodolico Aimee Rook Deborah L Rothberg Janice E Schwartz Elizabeth A Sheehan Kathleen M Smith Heidi Smith Bridget D Speer Karla A Steckler Stella Ann Stepney Margaret A Swain Darcie MichelleTaggart Cho H Tai Sarah L Thacker Katherine L Toft Dawn T Truby Tiffany (Wen-Fang) Tsai Trish E Vernazza Holly N Viola Jenifer Waite Wollenburg Joanna Wallace Jill V Wargolet Jenny M Warren Suzette E Westsmith Christina C Wicks Kealey Anne Williams Kacie L Woodard Stefanie L Workman Ming-Fu Wu Lisa Yeats Thomas Sherri Zuzak-Hegyes

#### ATCB Review

# 2003 Recertified ATR-BCs

Leslie Abrams Sonnie Albinson Jennifer Allen Henry Arnold Paula Aspesi Lauren August Karen Baer Elizabeth Baring Beulah Beddoe Marcia Beller Susan Beniston Kimberly Bennett Carol Blauvelt Susan Boxer Kathleen Breslin Verdon Thomas Brown Suzanne Canby Margaret Cotton Mary Crawford Sandra Cuccia Gina Curtsinger Melinda Dauer Jean Davis Mimi Dejanikus Carrie Derksen Amy (Marie) Dickerson Carol Dikovitsky Lois Margaret Drake Jean Durkin Michal Emmert-Hart

Ruth Evermann Martine Faist Mary Gambarony Enid Garber Yolanda Garrison Ellen Goldring Kathy Gotshall Gail Grable Elizabeth Graziadei F. Greenfeld Laura Greenstone Ernestina Vilma Gronning Amy Haus Janice Havlena Charlotte Haydon Moffitt Laurie Heineman Eileen Hothow Maxine Hull Nancy Inamine Nancy Intilli Donna Johnson Karen Jones Kell Julliard Alice Karamanol Betty Ann Kelahan Christine Kerr Kathleen Kimm Robyn Koondel Mary Lazar Nan Lenore

Karen Estrella

Linda Levine-Madori Lynn Lidbury Melissa Lieber Susan Loonsk Judith Marquardt Jacquelyn Martin Julie May Ellen McLean Jennifer Monin William More Sarah Nazimova-Baum Mary Jane Noe Mary O'Herron Cecilia Papalas Roberta Pashley Mary Powers Nancy Raboin Patricia Rass Lynne Raymond Annette Reynolds Holly Risch Sheila Ryan Reyne Salacain **Richard Schultz** Wendy Shankman Margaret Shepherd Rita Singer Janoff Leigh Skowronski Elisabeth Smith Lyn Solomon Susan Spaniol Karen Spencer Ilene Spiewak

Janis Spitzer Dolly Steyer Alice Struck Janet Tatu Marcia Taylor Sandra Thompson Barbara Trauger-Querry Hendrina Van't Hoog Diana Veselka Rebecca Wilkinson Susan Wilkinson Davis Roberta Williams

Coming Soon: The New ATCB

<u>Employer</u> Brochure!!

# <u>Notes</u>

#### ATCB BOARD OF DIRECTORS AND COMMITTEES

PRESIDENT Joan Phillips, ATR-BC Norman, OK

PRESIDENT-ELECT Anita Mester, ATR-BC Mesquite, TX

SECRETARY Leslie Buchanan, ATR-BC Tucson, AZ

TREASURER Chris Strang, ATR-BC Birmingham, AL

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DIRECTOR Terry Towne, ATR-BC Shelton, CT

DIRECTOR/PUBLIC MEMBER Thomas Hartsell, Jr. Dallas, TX

EX-OFFICIO MEMBER Lynn Kapitan, ATR-BC Milwaukee, WI

CERTIFICATION COMMITTEE CHAIR Brenda Barthell, ATR-BC Arlington, VA

REGISTRATION STANDARDS CHAIR Patricia Grajkowski, ATR-BC Austin, TX

MANAGEMENT DIRECTOR Michael A. Cotten Greensboro, NC

# In the next ATCB Review:

- Newly certified ATR-BCs
- ATCB welcomes new members to the Board of Directors
  - Full report on the 2004 AASCB Conference (see article in this issue titled, "Building Bridges")

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